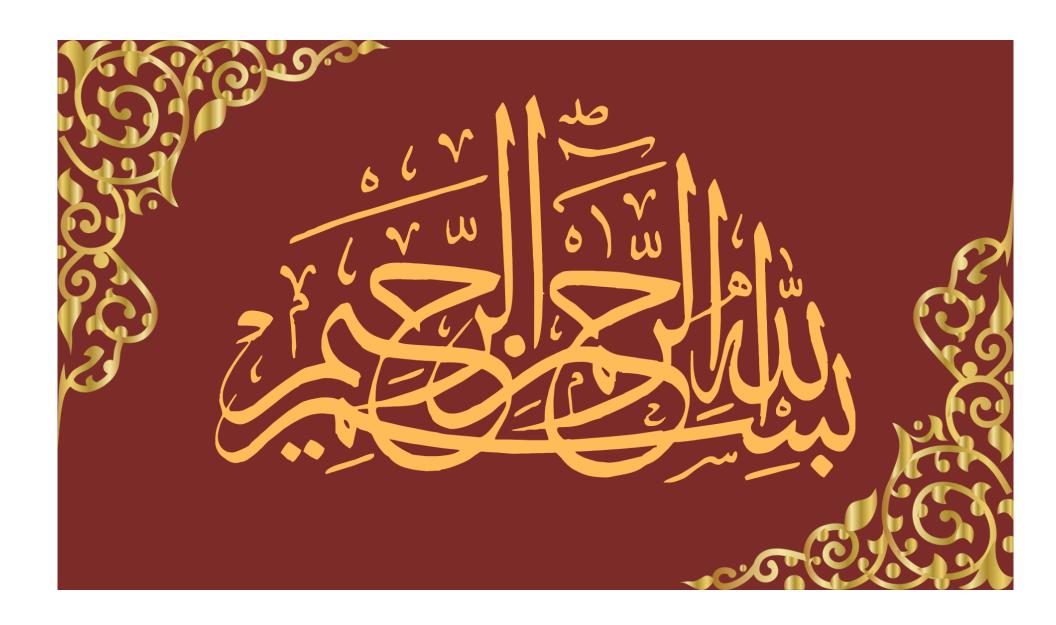


# BASHIR INSTITUTE OF HEALTH SCIENCES DR. BASHIR GENERAL & TEACHING HOSPITAL BASHIR COLLEGE OF DENTISTRY









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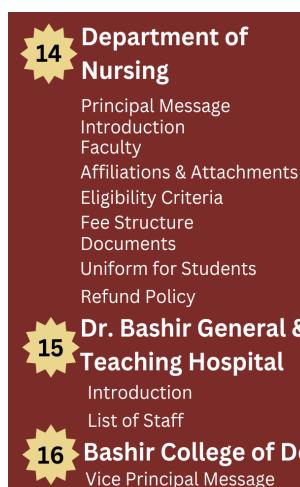
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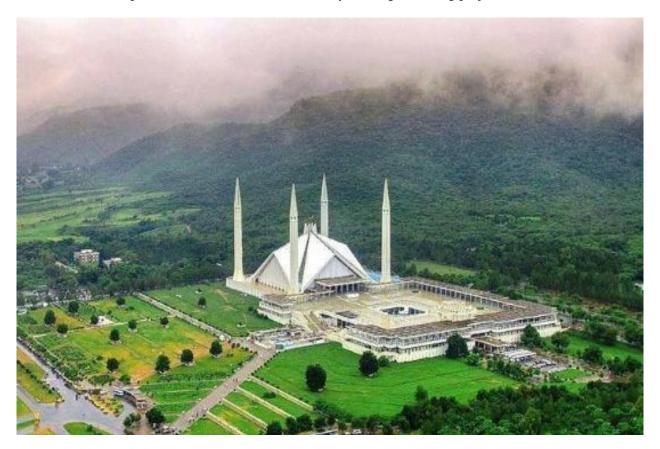
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Introduction

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## INTRODUCTION:

**BASHIR INSTITUTE OF HEALTH SCIENCES**, established in February, 2014 is a pioneer Allied Health Sciences Medical Institute located in the lush green valley of Capital territory Islamabad just 15 minute drive from Diplomatic Enclave. It is situated on an area of 52000 sq. ft. with a covered area of 34000 sq. ft. spacious building. The purpose is to give standard health education in the capital of Pakistan and ensuring that students may develop the true mindset of health profession. This institute is currently running following projects:



#### **Department of Pharmacy**

i. Doctor Of Pharmacy (Pharm-D) 5 Years Degree Program

#### **Department of Rehabilitation Sciences**

- i. Doctor Of Physical Therapy (DPT) 5 years degree program
- ii. BS- Psychology 4 Years Degree Program

#### **Department of Allied Health Sciences**

This institute offers 4-Years Degree programs (semester system) in the following disciplines;

- i. BS-Medical Laboratory Technology (MLT)
- ii. BS-Dental Technology
- iii. BS-Surgery (OT) Technology
- iv. BS-Anesthesia Technology
- v. BS-Cardiac Perfusion Technology
- vi. BS-Medical Imaging(Radiology) Technology
- vii. BS-Emergency & Intensive Care Sciences
- viii. BS-Optometry Technology

#### **Department of Nursing**

- i. BSN (4- Years Degree Program)
- ii. Post RN two years Program

#### **Bashir College of Dentistry**

i. Bachelor of Dental Surgery 4- Year Degree Program

### **Dr. Bashir General & Dental Teaching Hospital**

We operate our hospitals on a No Profit No Loss premise in order to provide the community with affordable, dependable healthcare. These hospitals also provide professional clinical training as well as basic science education to students. We are clinically attached with following hospitals Bilal Medical Complex, Farooq Hospital Islamabad, National Institute of Rehabilitation Medicine, Dr. Bashir General & Dental Teaching Hospital Islamabad, International Hospital E-11/3, Mahroof International Hospital Islamabad, Al-Razi Healthcare, The Diabetes Centre, Medikay Cardiac Centre and Rawal General & Dental Hospital recognized by PMDC for medical and dental training.

#### **Mission:**

The mission of BIHS is to train the professionals in the prevalent professional knowledge, Skills, techniques as well as train them to acquire practical expertise for efficient health services delivery.

## **Vision:**

To be a prominent natural institution in the region recognized for its values, diverse and supportive learning environment, having reputation in learning and emphasis on the quality education and practical base. Moreover, Institute will prepare the health professional in accordance with professional standard and will produce research scholars.



## MESSAGES

## **Chief Executive Message**

Bashir Institute of Health Sciences Islamabad is a center of quality education in professional Health care for all. This institute provides inspirational, safe and friendly learning environment with high quality of teaching/Learning facilities along with skill development in clinical area through research.

I am certain that you are considering the higher Medical education because of keen interest in your profession and want to advance your knowledge and skills to meet the national and international standards.

A skilled health professional can not only save the life but also can add quality in life of the patient. I may put into words that standard of students of this college under the guidance of very hard working and esteemed faculty members is not less than any institute in the country.

I am confident that all students will avail the great opportunities, which are made available for them and pass out with a commitment to serve the community and above all humanity at large.

Dr. Muhammad Bashir MBBS, DCP, MCPS, FCPS Chief Executive BIHS Islamabad



## **Chairman Message**

Bashir Institute of Health Sciences Islamabad right from its inception in February 2014 to now, has marched forward to spread the light of education and pave the path of academic excellence for every student. Prime aim of institute is to provide the best possible quality education and practical skills to young learners seeking professional education and skill in health sciences.

Nowadays, the importance of qualified talented health professionals has widely been accepted all over the world. I may put into words that standard of students of this college under the guidance of very hard working and esteemed faculty members is not less than any institute in the country.

As a chairman of Bashir Institute of Health Sciences, it would be my first priority to provide a learner-centered curriculum that integrates strong basic sciences, ethical principles, professional standards, outstanding clinical and research training. Our aim is to make our students responsible and active member of a society by providing quality education and professional skills.

Dr. Aamir Naveed Chairman BIHS Islamabad



## **Dean Message**

Welcome to Bashir Institute of Health Sciences, where we are dedicated to shaping the future of healthcare through excellence in education, research, and community service. At Bashir Institute, we believe that the foundation of a successful healthcare professional lies not only in acquiring knowledge but in nurturing a passion for service and an unwavering commitment to ethical practice. Our programs are designed to equip students with the skills, knowledge, and critical thinking abilities necessary to excel in an ever-evolving healthcare environment.

Our esteemed faculty brings a wealth of experience and expertise, ensuring that our students receive a world-class education that is both rigorous and relevant. In addition to our academic offerings, we place a strong emphasis on research and community engagement. We believe that healthcare professionals have a responsibility to contribute to the well-being of society, and we actively encourage our students and faculty to participate in initiatives that make a tangible difference in our communities.

As the Dean of Bashir Institute of Health Sciences, I am proud of the impact we are making in the field of healthcare education. I invite you to explore our programs, meet our faculty, and learn more about the opportunities that await you at our institution. Together, we can make a lasting impact on the health and well-being of individuals and communities around the world.

Prof. Dr. Jamshaid Ali Khan Dean BIHS Islamabad



## **Principal Message**

With the exceeding gratitude to Almighty ALLAH I find myself in a great pleasure to write to you as the Principal of Bashir Institute of Health Sciences, an inclusive facility dedicated to produces the highly motivated and capable health care professionals. I am truly honored to lead the organization since 2016 at a time when the future is so full of opportunities.

Bashir Institute of Health Sciences took an initiative by offering a number of disciplines in the Allied Health Sciences, Doctor of physiotherapy and BS Nursing that we can prove to be helpful to the public health delivery system by financial support and lessen the burden on Government. Thus enhancing health facilities in the region. By providing the quality education standards set by Higher Education Commission and Recognized degree from Shaheed Zulfiqar Ali Bhutto Medical University, the only public sector Medical University in the capital city of Islamabad, Bashir Institute of Health Sciences will train the professional in their own country with no language and cultural barriers, thus making them competent to deal with the health problems of our country

"The journey of a thousand miles begins with a single step." Lao-Tzu

BIHS is a unique educational project providing extraordinary care and

education with sense of extreme responsibility and is focusing more on the health care system of Pakistan. We have assembled a dedicated and experienced faculty of professionals serving the career development needs of future health care providers and teaching them the latest medical ethics. So that, they may compete in their profession around the globe.

I as a Principal of BIHS want to assure all the students seeking Medical Education that our faculty will put all its effort to impart modern Medical Education along with the moral and Islamic Values in the character of an individual.

"With faith discipline and selfless devotion to duty, there is nothing worthwhile that you cannot achieve."

Mohammad Ali Jinnah

Dr. Syed Bilal Haider Principal BIHS Islamabad



## **Principal Message**

Welcome to the future of dental education at Bashir College of Dentistry, where we are committed to shape the dental professionals of tomorrow by providing a comprehensive and dynamic learning environment with state-of-the-art facilities.

As a founding Principal of Bashir College of dentistry, I am thrilled to introduce you to our vision of shaping the future of dentistry. Here we aim at academic excellence, clinical expertise and ethical practice for our future students. We believe in not just skilled practitioners but also humane individuals who are prepared to meet the needs of the society. We are dedicated to supporting our students' personal and professional growth so that our students contribute positively to the development of our profession and society.

I feel privileged to be a part of the team to develop this new dental college under the umbrella of Bashir Institute of Health Sciences with its dedicated and worthy faculty. I have no doubt that under the leadership and support of our worthy CEO and Chairman, we would be able to achieve our goals and establish a Centre of Excellence in dental education.

Prof. Mohtada Hassan Principal Bashir College of Dentistry BIHS Islamabad



## **Vice Principal Message**

Allied health professionals are an integral part of the health care system. Our institute aims at providing efficient Teaching and training facilities to make the student's reach the level of competency that is in par with the best in the region.

We have highly qualified faculty members having strong academic background, who train our students on the Pattern of the latest concepts in health education with due emphasis on highest standards in professionalism, empathy, human behavior, medical and social ethics.

Currently our institute is offering diverse discipline in the fields of Allied Health Sciences, Rehabilitation Sciences and also Nursing. Besides providing a conducive environment, we also arrange co-curricular activities for the students to enhance their talents. Our institute is committed to explore the inner talent and abilities of the students and refine them to make them shine in the society.

Qazi Mashood Atta Vice Principal/Director Admin BIHS Islamabad



## **List Of Board of Governors**

| S. No | Board of governors         | Particulars Particulars                       | Position        |
|-------|----------------------------|---|-----------------|
| 1.    | Dr. Muhammad Bashir        | Chief executive                               | Chief executive |
| 2.    | Dr. Aamir Naveed           | Chairman                                      | Chairman        |
| 3.    | Dr. Yasmin Bashir          | Co-chairperson                                | Co-chairperson  |
| 4.    | Dr. Shabir Hussain         | Director Dr. Bashir General Teaching Hospital | Member          |
| 5.    | Dr. Amjad Hussain          | Director Dr. Bashir Dental Teaching Hospital  | Member          |
| 6.    | Dr. Syed Bilal Haider      | Principal BIHS                                | Member          |
| 7.    | Dr. Qazi Mashood Atta      | Vice Principal/ Director Admin BIHS           | Member          |
| 8.    | Dr. Mohtada Hassan         | Principal Bashir College of Dentistry         | Member          |
| 9.    | Dr. Umair Farrukh          | Vice Principal Bashir College of Dentistry    | Member          |
| 10.   | Dr. Hammad Ahmed           | HOD Pharmacy Department                       | Member          |
| 11.   | Muhammad Adnan Yousaf      | HOD AHS/Controller Examination                | Member          |
| 12.   | Dr Anam Javed              | Head of Rehabilitation Department             | Member          |
| 13.   | Muhammad Imran             | Principal Department of Nursing               | Member          |
| 14.   | Prof. Dr. Asmat Ullah Khan | Vice chancellor Preston university            | Member          |
| 15.   | Dr. Fazal Mahmood          | Registrar Khyber Medical University           | Member          |

## **Academic Council Committee**

| S. No | Names                     | Particulars                                  | Position |
|-------|---------------------------|--|----------|
| 1.    | Dr. Muhammad Bashir       | Chief executive BIHS                         | Chairman |
| 2.    | Dr. Aamir Naveed          | Chairman BIHS                                | Member   |
| 3.    | Dr. Fazal Mehmood         | Registrar Khyber Medical University          | Member   |
| 4.    | Col Rtd. Dr. Safi Ullah   | Col. Rtd. CMH                                | Member   |
| 5.    | Prof Dr. Asmat Ullah      | Vice chancellor Preston university           | Member   |
| 6.    | Hifzur Rehman Kazi        | Rtd Vice Chancellor                          | Member   |
| 7.    | Dr. Amjad Hussain         | Director Dr. Bashir Dental Teaching Hospital | Member   |
| 8.    | Dr. Shabir Hussain        | Director Dr. Bashir Dental Teaching Hospital | Member   |
| 9.    | Dr. Syed Bilal Haider     | Principal BIHS                               | Member   |
| 10.   | Dr. Qazi Mashood Atta     | Vice Principal/ Director Admin BIHS          | Member   |
| 11.   | Mr. Muhammad Adnan Yousaf | HOD AHS/Controller Examination               | Member   |
| 12.   | Dr Anam Javed             | HOD Rehabilitation Department                | Member   |
| 13.   | Ms. Ayesha Rashid         | Head of Department Psychology                | Member   |
| 14.   | Dr. Hammad Ahmed          | HOD Pharmacy Department                      | Member   |
| 15.   | Mr. Muhammad Imran        | Principal Department of Nursing              | Member   |
| 16.   | Dr. Mohtada Hassan        | Principal Bashir College of Dentistry        | Member   |
| 17.   | Mr. Abid Ur Rehman        | Finance Director                             | Member   |

## ORGNIZATIONAL STRUCTURE

| SR NO | NAME                         | DESIGNATION                                 |
|-------|------------------------------|---|
| 1.    | Dr. Syed Bilal Haider        | Principal                                   |
| 2.    | Dr. Qazi Mashood Atta        | Vice Principal                              |
| 3.    | Mr. Muhammad Imran           | Principal Nursing Departments               |
| 4.    | Dr. Hammad Ahmed             | Head of Department Pharmacy                 |
| 5.    | Dr Anam Javed                | Head Of Departments Rehabilitation Sciences |
| 6.    | Mr. Muhammad Adnan<br>Yousaf | Head Of Departments Allied Health Sciences  |
| 7.    | Dr. Mohtada Hassan           | Principal Bashir College of Dentistry       |
| 8.    | Ms. Ayesha Rashid            | Head of Department<br>Psychology            |

## PROGRAM COORDINATOR

| SR NO | NAME                  | DESIGNATION                  |
|-------|-----------------------|------------------------------|
| 1.    | Ms. Fahama Syed       | Medical Lab Technology       |
| 2.    | Mr. Imam Shah         | Dental Technology            |
| 3.    | Mr. Irshad Khan       | Anesthesia Technology        |
| 4.    | Mr. Raja Arbab        | Surgical Technology          |
| 5.    | Ms. Maira Manzoor     | Emergency & ICU              |
| 6.    | Sir Wajahat bin Naeem | Cardiac Perfusion Technology |
| 7.    | Miss Ayesha Qazi      | Optometry                    |
| 8.    | Mr. Rohail Akbar      | Radiology Technology         |

## **ADMISSION COMMITTEE**

## **HOSTEL INCHARGE /WARDENS**

| SR NO | NAME                  | DESIGNATION             |
|-------|-----------------------|-------------------------|
| 1.    | Dr.Qazi Mashhood Atta | Head Of Committee       |
| 2.    | Miss Sadiqa Ghazanfar | Member                  |
| 3.    | Mr. Muhammad Abdullah | Member                  |
| 4.    | Mr .Naeem Khan        | Member                  |
| 5.    | Mr. Muhammad Siddique | Member                  |
| 6.    | Ms. Kiran Zahra       | Social Media<br>Manager |

| SR NO | NAME                  | DESIGNATION          |
|-------|-----------------------|----------------------|
| 1.    | Dr.Qazi Mashhood Atta | All Hostels Incharge |
| 2.    | Naeem Khan            | Boys Hostel Warden   |
| 3.    | Fazal- E -Wahid       | Boys Hostel Warden   |
| 4.    | Ms Kiran Zahra        | Hostel 1 Warden      |
| 5.    | Ms. Sundas            | Hostel 2 Warden      |
| 6.    | Miss. Arshia          | Hostel 3 Warden      |

## INTERNAL AFFAIR COMMITTEE

| SR NO | NAME                  | DESIGNATION    | POSITION         |
|-------|-----------------------|----------------|------------------|
| 1.    | Dr.Syed Bilal Haider  | Principal      | Permanent Member |
| 2.    | Dr.Qazi Mashhood Atta | Vice Principal | Permanent Member |
| 3.    | Dr. Hammad Ahmed      | Member         | Member           |
| 4.    | Dr. Mohtada Hassan    | Member         | Member           |
| 5.    | Dr. Umair Farrukh     | Member         | Member           |

## RESEARCH JOURNAL COMMITTEE

| SR NO | NAME                   | DESIGNATION      | POSITION         |
|-------|------------------------|------------------|------------------|
| 6.    | Dr.Muhammad Imran Khan | Editor           | Permanent Member |
| 7.    | Dr. Umair Farrukh      | Associate Editor | Permanent Member |
| 8.    | Dr. Aamir Naveed       | Associate Editor | Member           |
| 9.    | Mr. Muhammad Irshad    | GS               | Member           |

## ANTI HARRASMENT COMMITTEE

| SR NO | NAME               | DESIGNATION         |
|-------|--------------------|---------------------|
| 1.    | Ms. Fahama Syed    | Secretary           |
| 2.    | Dr Hammad Ahmed    | Teaching Member     |
| 3.    | Dr Anum            | Teaching Member     |
| 4.    | Mr Irshad          | Teaching Member     |
| 5.    | Ms Ayesha Qazi     | Teaching Member     |
| 6.    | Mr Mehboob Alam    | Non-Teaching Member |
| 7.    | Mr. Abid Ur Rehman | Non-Teaching Member |
| 8.    | Mr. Ishtiaq        | Non-Teaching Member |

## **BASHIR MEDIA CLUB**

| SR NO | NAME                  | DESIGNATION     |
|-------|-----------------------|-----------------|
| 1.    | Dr.Qazi Mashhood Atta | Head Media Club |
| 2.    | Dr. Hina Tauqeer      | Vice President  |
| 3.    | Mr. Naeem Khan        | Member          |
| 4.    | Miss. Ayesha Rehman   | Member          |
| 5.    | Ms. Kiran Zahra       | Member          |
| 6.    | Ms. Ramsha            | Member          |

## **DISCIPLINARY COMMITTEE**

| SR NO | NAME              | DESIGNATION |
|-------|-------------------|-------------|
| 1.    | Dr. Haseeb        | Head        |
| 2.    | Dr. Hina Touqeer  | Deputy Head |
| 3.    | Dr. Taimoor       | Member      |
| 4.    | Mr. Imam Shah     | Member      |
| 5.    | Mr. Fazal Wahid   | Member      |
| 6.    | Ms. Maira Manzoor | Member      |
| 7.    | Ms. Rohail Akbar  | Member      |
| 8.    | Mr. Ameer hamza   | Member      |
| 9.    | Ms. Arooj         | Member      |
| 10.   | Ms. Hira          | Member      |
| 11.   | Dr. Alina         | Member      |

## **Department of Pharmacy**

Offers

**5 years Degree Program** 

**Doctor of Pharmacy (Pharm D)** 

## **Department of Pharmacy**

## **HOD Message**

It is a matter of pleasure for me to represent the Department of Pharmacy at BIHS, Islamabad. The department's five-year program of study will lead to Doctor of Pharmacy (Pharm D) degree, which will fulfill the requirements for registration as a pharmacist not only in Pakistan but across the world as well.

The distinguished academic teaching staff members with their teaching and research records are dedicated to achieving the pharmacy program outcomes through implementing a diversity of modern teaching/learning strategies. The well-equipped scientific laboratories, the learning facilities including the state of the art library and the scientific collaboration with renowned



universities are among our assets to pursuing academic excellence. Moreover, social, cultural and sports events are also encouraged. I look forward to welcoming you to the Department of Pharmacy, BIHS Islamabad to embark on your life-long learning experience with us. I hope that our students will contribute with their full commitment, dedication and expertise to the health care system and well-being of the society.

Dr. Hammad Ahmad

**PhD Pharmacology** 

**Head of Pharmacy Department,** 

BIHS, Islamabad.

## **Introduction:**

This is an exciting time for pharmacy education. The demand for pharmaceutical services is expanding dramatically in community pharmacy, health-system pharmacy, managed health care, and the pharmaceutical industry. The department of pharmacy is committed to education excellence and expanded opportunities for our students. The need for pharmacists' expertise is evident from the many medication-related media stories focusing on new medications, adverse effects of medicines, and drug costs. The new Medicare drug benefit will greatly expand the opportunities for pharmacists to provide care.



Pharmacy, along with medicine and nursing forms the backbone of our national healthcare system. We cannot afford to remain behind other developing nations in providing quality drugs to our masses and professional manpower. We have to cater the needs of this system by producing well qualified, professionally trained and highly competent pharmacists who can perform specialized tasks such as drug design, synthesis, manufacturing, quality assurance, marketing and supply system, procurement, storage, distribution and use of drugs in industry, hospital setting or in community practice.





## **FACULTY MEMBERS OF DEPARTMENT OF PHARMACY**

| S .No | Name                | Qualification           | Designation | Picture |
|-------|---------------------|-------------------------|-------------|---------|
| 1.    | Dr. Mohammad Bashir | MBBS,DCP, MCPS,<br>FCPS | CEO         |         |
| 2.    | Dr. Aamir Naveed    | MBBS                    | Chairman    |         |
| 3.    | Dr. Yasmin Bashir   | MBBS                    | Co Chairman |         |

| 4. | Dr. Syed Bilal Haider | MBBS                                      | Principal      |  |
|----|-----------------------|---|----------------|--|
| 5. | Dr. Qazi Mashood Atta | Pharm D, M.Phil., PhD<br>(scholar)        | Vice Principal |  |
| 6. | Dr Hammad Ahmad       | B Pharmacy, M.Phil,<br>PhD                | HOD            |  |
| 7. | Dr. Sadaf Fardoos     | Pharm D , M.Phil pharmaceutical chemistry | Lecturer       |  |

| 8.  | Dr. Alina Zainab                  | Pharm D, M Phil<br>Pharmaceutical chemistry          | Lecturer |  |
|-----|-----------------------------------|--|----------|--|
| 9.  | Dr. Haris Raheem                  | Pharm D, MPhil<br>(Clinical Pharmacy<br>Practices)   | Lecturer | Chewart  |
| 10. | Dr. Muhammad<br>Taimoor ul Hassan | BSPT, PPDPT  | Lecturer |  |
| 11. | Ms. Kiran Zahra                   | MS Computer Science,<br>BS Information<br>Technology | Lecturer | otion dilanguage of the state o |

| 12. | Mr. Muhammad Hussain | M.A. History & M.A<br>Education       | Junior Lecturer                  |  |
|-----|----------------------|---------------------------------------|----------------------------------|--|
| 13. | Mr. Naeem Khan       | BS MLT                                | Junior Lecturer/<br>Focal Person |  |
| 14. | Mr. Shafiq Ahmad     | M Phil-English<br>Linguistics         | Lecturer                         |  |
| 15. | Mr. Abdullah         | M- Phil Clinical<br>Pharmacy Practice | Lecturer                         |  |

| 16. | Abdul Qudoos | M Phil Pharmacy<br>Practice | Lecturer                            |  |
|-----|--------------|-----------------------------|-------------------------------------|--|
| 17. | Saqib Kabir  | Matric                      | Assistant<br>Pharmacy<br>Department |  |

## **University Affiliation**

Pharm D is affiliated with University of Peshawar.



Figure 1 University of Peshawar

## **Hospital Attachments**

Department of Pharmacy is attached with the following hospitals for students training.

- National Institute of Rehabilitation Medicine (NIRM) Islamabad
- Rawal General and Dental Hospital Islamabad
- Bilal Medical Complex Rawalpindi
- Dr. Bashir General & Dental Hospital Islamabad
- Islamabad International Hospital E-11/3
- Mahroof International hospital Islamabad.
- Al-Razi
- The Diabetic Centre

- Medi Kay Islamabad
- Farooq Internation Islamabad

## **Eligibility Criteria:**

- Matric with science (Physics, Chemistry, Biology As Compulsory subjects) F.Sc Pre-Medical With Minimum 60% Marks or As Per Pakistan Pharmacy Council Rules.

## **Fee Structure**

| S. No. | Particulars           | 1 <sup>st</sup><br>semester | 2 <sup>nd</sup><br>Semester | 3 <sup>rd</sup><br>semester | 4 <sup>th</sup> semester | 5 <sup>th</sup> semester | 6 <sup>th</sup> semester | 7 <sup>th</sup> semester | 8 <sup>th</sup><br>semester | 9 <sup>th</sup><br>semester | 10 <sup>th</sup><br>semester |
|--------|-----------------------|-----------------------------|-----------------------------|-----------------------------|--------------------------|--------------------------|--------------------------|--------------------------|-----------------------------|-----------------------------|------------------------------|
| 1      | Admission fee         | 11,000                      |                             |                             |                          |                          |                          |                          |                             |                             |                              |
| 2      | Tuition fee           | 70,000                      | 70,000                      | 70,000                      | 70,000                   | 70,000                   | 70,000                   | 70,000                   | 70,000                      | 70,000                      | 70,000                       |
| 3      | Caution<br>money      | 10,000                      | 10,000                      | 10,000                      | 10,000                   | 10,000                   | 10,000                   | 10,000                   | 10,000                      | 10,000                      | 10,000                       |
| 4      | Miscellaneou<br>s fee | 10,000                      | 10,000                      | 10,000                      | 10,000                   | 10,000                   | 10,000                   | 10,000                   | 10,000                      | 10,000                      | 10,000                       |
| 6      | Grand total           | 101,000                     | 90,000                      | 90,000                      | 90,000                   | 90,000                   | 90,000                   | 90,000                   | 90,000                      | 90,000                      | 90,000                       |

#### Following dues will be paid by the students other than above mentioned charges

- 1. University fee will be paid by the students as per university rules & regulations.
- 2. Sports & Extracurricular Dues (As per BIHS Rules)
- 3. Hospital clinical charges Per semester will be paid by students when clinical training starts.
- 4. The institute authority reserves the right to amend the fee structure as and when seem necessary.

## **Documents Enclosure:**

The candidate should attach the attested copies of following documents

- 1. SSC(sciences group), HSSC (Pre-Medical) or equivalent certificate (4 Copies of each)
- 2. Domicile Certificate (4 Copies)
- 3. Copy of NIC or form B certificate issued by NADRA (4 Copies)
- 4. Father /Guardian NIC copy(4 Copies)
- 5. Character certificate from school/institute last attended.

- 6. Twelve (12) recent passport size photographs with white background.
- 7. Affidavit/undertaking on judicial paper of Rs: 30/- attested by 1st class magistrate.

## **Uniform for students**

|       | Uniform for Pharm-D students Summer |                           |  |  |  |  |
|-------|-------------------------------------|---------------------------|--|--|--|--|
|       |                                     |                           |  |  |  |  |
| S. No | Boys                                | Girls                     |  |  |  |  |
| 1.    | Gray Pent                           | White Shalwar             |  |  |  |  |
| 2.    | White Shirt                         | White Qamiz               |  |  |  |  |
| 3.    | Dark Maroon Tie                     | Dark Maroon Dupata/Abbaya |  |  |  |  |
| 4.    | White Lab Coat                      | White Lab Coat            |  |  |  |  |
| 5.    | Black Shoes                         | Black Shoes               |  |  |  |  |
|       | •                                   | Winter                    |  |  |  |  |
| S. No | Boys                                | Girls                     |  |  |  |  |
| 1.    | Gray Pent                           | White Shalwar             |  |  |  |  |
| 2.    | White Shirt                         | White Qamiz               |  |  |  |  |
| 3.    | Dark Maroon Tie                     | Dark Maroon Dupata/Abbaya |  |  |  |  |
| 4.    | White Lab Coat                      | White Lab Coat            |  |  |  |  |
| 5.    | Black Shoes                         | Black Shoes               |  |  |  |  |
| 6.    | Black sweater/jacket                | Black sweater/jacket      |  |  |  |  |

## **Refund Policy:**

- Registration Fee/Admission Fee is non-refundable.
- Security Deposit is refundable after completion of degree and no adjustment against security will be entertained during academic stay in the institute.
- Tuition Fee is refundable within 15 days of convene of classes on a pro rata basis as given below.
- No refund including security deposit shall be admissible after 15 days of convene of classes either one joins BIHS/avails facilities or not.

| Timeline for Refund of Tuition Fees | %age of Refund       |
|-------------------------------------|----------------------|
| Before convene of classes           | 70% (Of Tuition Fee) |
| Up to 1 week of convene of classes  | 50% (Of Tuition Fee) |
| Up to 2 week of convene of classes  | 25% (Of Tuition Fee) |
| After 2 week of convene of classes  | 0%                   |

## Department of Rehabilitation Sciences Offers

I. 5 Years Degree Program (Semester System)

**Doctor of Physical Therapy (DPT)** 

II. 4 Years Degree Program (Semester System)

**BS** Psychology

## **DEPARTMENT OF REHABILIATION SCIENCES**

## **Introduction**

#### Welcome to the Department of Rehabilitation Sciences

The Department of Rehabilitation Sciences is dedicated to advancing the field of rehabilitation through comprehensive education, innovative research, and community engagement. Our mission is to develop skilled professionals who are prepared to meet the diverse needs of individuals and communities through evidence-based practices and compassionate care.

#### **Our Programs**

We offer a range of undergraduate, graduate, and continuing education programs designed to equip students with the knowledge and skills necessary for successful careers in rehabilitation. Our programs emphasize a multidisciplinary approach, integrating the latest research and clinical practices to ensure our graduates are at the forefront of the field.

#### **Undergraduate Programs:**

- 5-Year Degree Program of Doctor of Physical Therapy (DPT)
- 4- Year Degree Program of Bachelors of Science of Psychology (BS Psychology)

#### **Research and Innovation**

Our faculty and students are actively engaged in research that addresses critical issues in rehabilitation. Through partnerships with leading healthcare institutions and organizations, we are committed to developing new treatments and interventions that improve the quality of life for individuals with disabilities and chronic conditions.

### **Clinical Training**

Hands-on clinical training is a cornerstone of our programs. Students gain practical experience in a variety of settings, including hospitals, outpatient clinics, schools, and community agencies. Our state-of-the-art facilities and simulation labs provide an optimal environment for learning and skill development.

#### **Community Engagement**

We believe in the importance of giving back to the community. Our department is involved in numerous outreach programs and services that support individuals with disabilities and promote public awareness about the importance of rehabilitation.

## **Career Opportunities**

Graduates of our programs are well-prepared for careers in a wide range of settings, including hospitals, rehabilitation centers, schools, private practices, and community organizations. Our alumni network is a testament to the success and impact of our programs, with many of our graduates holding leadership positions in the field.

## **Doctor of Physical Therapy (DPT)**

## **Head of Department Message**

I take the privilege to welcome you all to the Department of Rehabilitation Sciences. The aim of the department is to impart the students a sound knowledge of Physical Therapy with exposure to practical knowledge through Hospital rotation and clinical study. The Program emphasize interdisciplinary team work, communication skills, tools & skills for professional practice, and lifelong learning. We strive to ensure that our graduates understand professional ethics and the value of service to their profession and society through involvement in community, state, and international organizations.

The department of Rehabilitation Sciences has an excellent infrastructure and state-of-art labs with a teaching faculty of the best kind ensuring quality education. We encourage regular interaction among students, parents and staff, along with a Training and Placement Cell which works full time for a bright future of the



students. Hence, I am sure that the Physical Therapists from Bashir Institute of Health Sciences will make the Nation proud.

I am looking forward to see you at Department of Rehabilitation Sciences and wish all our students continued growth and success in their educational and professional endeavors.

Dr. Anum Javed
Head of Department
Doctor of Physical Therapy
BIHS Islamabad

#### **Introduction:**

The Doctor of Physical Therapy (DPT) program at Bashir Institute of Health Sciences Islamabad is designed to prepare the next generation of leaders in the field of physical therapy. Our comprehensive curriculum, distinguished faculty, and state-of-the-art facilities provide an exceptional educational experience that equips students with the knowledge and skills necessary to excel in the dynamic and evolving healthcare environment.



Our mission is to cultivate competent, compassionate, and innovative physical therapists who are committed to improving the health and well-being of individuals and communities. We strive to foster a learning environment that emphasizes clinical excellence, ethical practice, and a dedication to lifelong learning.





# **Faculty Members Of Doctor of Physical Therapy (DPT)**

| S .No | Name                  | Qualification                   | Designation    | Picture |
|-------|-----------------------|---------------------------------|----------------|---------|
| 1.    | Dr. Mohammad Bashir   | MBBS,DCP, MCPS, FCPS            | CEO            |         |
| 2.    | Dr. Aamir Naveed      | MBBS                            | Chairman       |         |
| 3.    | Dr. Syed Bilal Haider | MBBS                            | Principal      |         |
| 4.    | Dr. Qazi Mashood Atta | Pharm D, M.Phil., PhD (scholar) | Vice Principal |         |

| 5. | Dr. Anam Javed                    | BSPT,PPDPT     | Head of Department DPT                 |  |
|----|-----------------------------------|----------------|--|--|
| 6. | Dr. Hina Tauqeer                  | MS (NMPT), DPT | Assistant professor                    |  |
| 6. | Dr. Haseeb Muhammad khan          | BSPT, PPDPT    | Senior lecturer<br>/ Clinical Incharge |  |
| 7. | Dr. Muhammad Taimoor ul<br>Hassan | BSPT, PPDPT    | Lecturer                               |  |

| 8.  | Dr. Aimen        | DPT   | Junior lecturer |       |
|-----|------------------|---|-----------------|-------|
| 9.  | Dr Zara          | DPT   | Junior lecturer |       |
| 10. | Dr. Haris Raheem | Pharm D, MPhil (Clinical Pharmacy<br>Practices) | Lecturer        | Ch Ro |
| 11. | Muhammad Hussain | M.A. History & M.A Education                    | Junior Lecturer |       |

| 12. | Ms. Kiran Zahra             | MS Computer Science, BS Information<br>Technology | Lecturer | otton siling of the siling of |
|-----|-----------------------------|---|----------|---|
| 13. | Mr. Muhammad Zain Ul Abidin | M.Phil English Linguistics (Continued)            | Lecturer |   |

## **University Affiliation**

**Doctor of Physical therapy**, is affiliated with Shaheed Zulfiqar Ali Bhutto Medical University (SZABMU), Islamabad.



## **Hospital Attachments**

Doctor of Physical Therapy is attached with the following hospitals for students training.

- National Institute of Rehabilitation Medicine (NIRM) Islamabad
- Rawal General and Dental Hospital Islamabad
- Bilal Medical Complex Rawalpindi
- Dr. Bashir General & Dental Hospital Islamabad
- Islamabad International Hospital E-11/3
- Mahroof International hospital Islamabad.
- Al-Razi
- The Diabetic Centre
- Medi Kay Islamabad
- Farooq Internation Islamabad

## **Eligibility Criteria:**

1. F. Sc (Pre-Medical) or equivalent with minimum of 60% marks

#### **Admission Test:**

SZABMU entry test is mandatory for admission in DPT program. Admission is guaranteed to a candidate on the basis of written test and interview as per schedule announced by Bashir Institute of health Sciences Islamabad.

## Fee structure for Doctor of Physical Therapy (DPT)

| S.<br>No | Particulars       | 1 <sup>st</sup><br>semester | 2 <sup>nd</sup><br>Semester | 3 <sup>rd</sup><br>semester | 4 <sup>th</sup><br>semester | 5 <sup>th</sup> semester | 6 <sup>th</sup><br>semester | 7 <sup>th</sup><br>semester | 8 <sup>th</sup><br>semester | 9 <sup>th</sup><br>Semester | 10 <sup>th</sup><br>Semester |
|----------|-------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|--------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|------------------------------|
| 1.       | Admission fee     | 16,000                      | -                           | -                           | -                           | -                        | -                           | -                           | -                           | -                           | -                            |
| 2.       | Tuition fee       | 60,000                      | 60,000                      | 60,000                      | 60,000                      | 60,000                   | 60,000                      | 60,000                      | 60,000                      | 60,000                      | 60,000                       |
| 3.       | Caution money     | 10,000                      | 10,000                      | 10000                       | 10,000                      | 10000                    | 10,000                      | 10000                       | 10,000                      | 10,000                      | 10,000                       |
| 4.       | Miscellaneous fee | 5000                        | 10,000                      | 10,000                      | 10,000                      | 10,000                   | 10,000                      | 10,000                      | 10,000                      | 10,000                      | 10,000                       |
| 5.       | Grand total       | 91,000                      | 80,000                      | 80,000                      | 80,000                      | 80,000                   | 80,000                      | 80,000                      | 80,000                      | 80,000                      | 80,000                       |

#### Following dues will be paid by the students other than above mentioned charges

- 1. University fee will be paid by the students as per university rules & regulations.
- 2. Sports & Extracurricular Dues (As per BIHS Rules)
- 3. The institute authority reserves the right to amend the fee structure as and when seem necessary.

### **Uniform for students**

|       | Uniform for DPT students |                         |  |  |  |  |
|-------|--------------------------|-------------------------|--|--|--|--|
|       |                          | Summer                  |  |  |  |  |
| S. No | Girls                    |                         |  |  |  |  |
| 1.    | Gray pent                | White shalwar           |  |  |  |  |
| 2.    | White shirt              | White Qamiz             |  |  |  |  |
| 3.    | Navy blue tie            | Navy blue Dupata/Abbaya |  |  |  |  |
| 4.    | White lab coat           | White lab coat          |  |  |  |  |
| 5.    | Black shoes              | Black shoes             |  |  |  |  |
|       |                          | Winter                  |  |  |  |  |
| S. No | Boys                     | Girls                   |  |  |  |  |
| 1.    | Gray pent                | White shalwar           |  |  |  |  |
| 2.    | White shirt              | White Qamiz             |  |  |  |  |
| 3.    | Navy blue tie            | Navy blue Dupata/Abbaya |  |  |  |  |
| 4.    | White lab coat           | White lab coat          |  |  |  |  |
| 5.    | Black shoes              | Black shoes             |  |  |  |  |
| 6.    | Black sweater/jacket     | Black sweater/jacket    |  |  |  |  |

# **Refund Policy:**

- Registration Fee/Admission Fee is non-refundable.
- Security Deposit is refundable after completion of degree and no adjustment against security will be entertained during academic stay in the institute.
- Tuition Fee is refundable within 15 days of convene of classes on a pro rata basis as given below.
- No refund including security deposit shall be admissible after 15 days of convene of classes either one joins BIHS/avails facilities or not.

| Timeline for Refund of Tuition Fees | %age of Refund       |
|-------------------------------------|----------------------|
| Before convene of classes           | 70% (Of Tuition Fee) |
| Up to 1 week of convene of classes  | 50% (Of Tuition Fee) |
| Up to 2 week of convene of classes  | 25% (Of Tuition Fee) |
| After 2 week of convene of classes  | 0%                   |

# **BS Psychology**

# **Head of Department Message**

I take the privilege to welcome you all to the Department of Rehabilitation Sciences. The aim of the department is to impart the students a sound knowledge of the theory of Physical Therapy and Psychology Education with exposure to practical knowledge through Hospital rotation and clinical study. Both the Programs emphasize interdisciplinary team work, communication skills, tools & skills for professional practice, and lifelong learning. We strive to ensure that our graduates understand professional ethics and the value of service to their profession and society through involvement in community, state, and international organizations.

The department of Rehabilitation Sciences has an excellent infrastructure and state-ofart labs with a teaching faculty of the best kind ensuring quality education. We encourage regular interaction among students, parents and staff, along with a Training and



Placement Cell which works full time for a bright future of the students. Hence, I am sure that the Physical Therapist and Psychologist of Bashir institute of health sciences will make the Nation proud.

I am looking forward to see you at Department of Rehabilitation Sciences and wish all our students continued growth and success in their educational and professional endeavors.

Ms. Ayesha Rasheed Head of Department BS Psychology BIHS Islamabad

#### **Introduction:**

The Bachelor of Science in Psychology program is designed to provide students with a comprehensive understanding of human behavior and mental processes. This degree combines rigorous scientific research methods with practical applications, preparing students to explore various aspects of psychological theory, research, and practice.



Graduates of the BS in Psychology program will be well-prepared for a variety of careers in mental health services, research, education, human resources, and other fields where an understanding of human behavior is valuable. Additionally, the program provides a solid foundation for those wishing to pursue advanced degrees in psychology or related disciplines.





# **FACULTY MEMBERS of BS Psychology**

| S .No | Name                  | Qualification                   | Designation    | Picture |
|-------|-----------------------|---------------------------------|----------------|---------|
| 1.    | Dr. Mohammad Bashir   | MBBS,DCP, MCPS, FCPS            | CEO            |         |
| 2.    | Dr. Aamir Naveed      | MBBS                            | Chairman       |         |
| 3.    | Dr. Syed Bilal Haider | MBBS                            | Principal      |         |
| 4.    | Dr. Qazi Mashood Atta | Pharm D, M.Phil., PhD (scholar) | Vice Principal |         |

| 5. | Ms. Ayesha Rashid | M- Phil Psychology                                | Head of Department<br>Psychology |  |
|----|-------------------|---|----------------------------------|--|
| 6. | Ms. Hira Kiani    | MS Psychology                                     | Lecturer                         |  |
| 7. | Ms. Saliha Naeem  | MS Psychology (Continued)                         | Demonstrator                     |  |
| 8. | Ms. Kiran Zahra   | MS Computer Science, BS Information<br>Technology | Lecturer                         | Offine Control of the |

| 9.  | Muhammad Hussain            | M.A. History & M.A Education           | Junior Lecturer                  |  |
|-----|-----------------------------|--|----------------------------------|--|
| 10. | Mr. Naeem Khan              | BS MLT                                 | Junior Lecturer/ Focal<br>Person |  |
| 11. | Mr. Muhammad Zain Ul Abidin | M.Phil English Linguistics (Continued) | Lecturer                         |  |

# **University Affiliation**

**BS** Psychology is affiliated with University of Peshawar.



Figure 2 University of Peshawar

# **Eligibility Criteria:**

HSSC or Equivalent With 45% Marks.

# **Fee structure for BS Psychology**

| S.<br>No | Particulars       | 1 <sup>st</sup> semester | 2 <sup>nd</sup> Semester | 3 <sup>rd</sup> semester | 4 <sup>th</sup> semester | 5 <sup>th</sup> semester | 6 <sup>th</sup> semester | 7 <sup>th</sup> semester | 8 <sup>th</sup> semester |
|----------|-------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 1.       | Admission fee     | 16,000                   | -                        | -                        | -                        | -                        | -                        | -                        | -                        |
| 2.       | Tuition fee       | 30,000                   | 30,000                   | 30,000                   | 30,000                   | 30,000                   | 30,000                   | 30,000                   | 30,000                   |
| 3.       | Caution money     | 5000                     | 5000                     | 5000                     | 5000                     | 5000                     | 5000                     | 5000                     | 5000                     |
| 4.       | Miscellaneous fee | 5000                     | 5000                     | 5000                     | 5000                     | 5000                     | 5000                     | 5000                     | 5000                     |
| 5.       | Grand total       | 56000                    | 40000                    | 40000                    | 40000                    | 40000                    | 40000                    | 40000                    | 40000                    |

#### Following dues will be paid by the students other than above mentioned charges

- 1. University fee will be paid by the students as per university rules & regulations.
- 2. Sports & Extracurricular Dues (As per BIHS Rules)
- 3. The institute authority reserves the right to amend the fee structure as and when seem necessary.

#### **Documents Enclosure:**

The candidate should attach the attested copies of following documents

- 1. SSC, HSSC or equivalent certificate, (4 Copies of each)
- 2. Domicile Certificate (4 Copies)
- 3. Copy of NIC or form B certificate issued by NADRA (4 Copies )
- 4. Father /Guardian NIC copy(4 Copies)
- 5. Character certificate from school/institute last attended.
- 6. Twelve (12) recent passport size photographs with blue background.
- 7. Affidavit/undertaking on judicial paper of RS: 30/- attested by 1st class magistrate.
- 8. Submission of original migration certificate.

## **Uniform for students**

|       | Uniform for Psychology students |                        |  |  |  |  |  |
|-------|---------------------------------|------------------------|--|--|--|--|--|
|       | Summer                          |                        |  |  |  |  |  |
| S. No | S. No Boys Girls                |                        |  |  |  |  |  |
| 1.    | Gray Pent                       | White Shalwar          |  |  |  |  |  |
| 2.    | White Shirt                     | White Qamiz            |  |  |  |  |  |
| 3.    | Sky blue Tie                    | Sky blue Dupata/Abbaya |  |  |  |  |  |
| 4.    | White Lab Coat                  | White Lab Coat         |  |  |  |  |  |
| 5.    | Black Shoes                     | Black Shoes            |  |  |  |  |  |
|       | ,                               | Winter                 |  |  |  |  |  |
| S. No | Boys                            | Girls                  |  |  |  |  |  |
| 1.    | Gray Pent                       | White Shalwar          |  |  |  |  |  |
| 2.    | White Shirt                     | White Qamiz            |  |  |  |  |  |
| 3.    | Sky blue Tie                    | Sky blue Dupata/Abbaya |  |  |  |  |  |
| 4.    | White Lab Coat                  | White Lab Coat         |  |  |  |  |  |
| 5.    | Black Shoes                     | Black Shoes            |  |  |  |  |  |
| 6.    | Black sweater/jacket            | Black sweater/jacket   |  |  |  |  |  |

# **Refund Policy:**

- Registration Fee/Admission Fee is non-refundable.
- Security Deposit is refundable after completion of degree and no adjustment against security will be entertained during academic stay in the institute.
- Tuition Fee is refundable within 15 days of convene of classes on a pro rata basis as given below.
- No refund including security deposit shall be admissible after 15 days of convene of classes either one joins BIHS/avails facilities or not.

| Timeline for Refund of Tuition Fees | %age of Refund       |
|-------------------------------------|----------------------|
| Before convene of classes           | 70% (Of Tuition Fee) |
| Up to 1 week of convene of classes  | 50% (Of Tuition Fee) |
| Up to 2 week of convene of classes  | 25% (Of Tuition Fee) |
| After 2 week of convene of classes  | 0%                   |

#### **Documents Enclosure:**

The candidate should attach the attested copies of following documents

- 1. SSC(sciences group),HSSC(Pre-Medical) or equivalent certificate, (4 Copies of each)
- 2. Domicile Certificate (4 Copies)
- 3. Copy of NIC or form B certificate issued by NADRA (4 Copies )
- 4. Father /Guardian NIC copy(4 Copies)
- 5. Character certificate from school/institute last attended.
- 6. Ten (10) recent passport size photographs with blue background.
- 7. Affidavit/undertaking on judicial paper of RS: 30/- attested by 1st class magistrate.
- 8. Submission of original migration certificate.

# **DEPARTMENT OF ALLIED HEALTH SCIENCES**

# Offers

**4 years Degree Program in Following Disciplines** 

#### DEPARTMENT OF ALLIED HEALTH SCIENCES

#### Welcome to the Department of Allied Health Sciences

#### Introduction

The Department of Allied Health Sciences at [Your Institution] is dedicated to the education and training of healthcare professionals who play a vital role in the delivery of quality health services. Our programs are designed to prepare students for dynamic careers in various healthcare fields, contributing to the overall well-being and health of the communities we serve.

#### **Our Mission**

Our mission is to educate and develop skilled allied health professionals who are committed to excellence in patient care, innovation in healthcare delivery, and lifelong learning. We aim to create a learning environment that fosters critical thinking, ethical practice, and a dedication to serving diverse populations.

#### **Our Programs**

Graduates from the Department of Allied Health Sciences are highly sought after in various healthcare settings. Our alumni work in hospitals, outpatient clinics, rehabilitation centers, public health organizations, and private practices. Many of our graduates also pursue advanced degrees and specialized certifications, further enhancing their career prospects.

### **Undergraduate Programs:**

- 1. BS-Medical Laboratory Technology(MLT)
- 2. BS-Dental Technology
- 3. BS-Surgery Technology
- 4. BS-Anesthesia Technology
- 5. BS- Cardiac Perfusion Technology
- 6. BS-Radiology Technology
- 7. BS-Emergency & Intensive Care Technology
- 8. BS-Optometry

#### **Research and Innovation**

The department supports student involvement in research projects, fostering a culture of inquiry and evidence-based practice. Students work alongside faculty on innovative research that advances the field of allied health sciences.

Clinical Training: Hands-on clinical training is a core component of our programs. Students gain practical experience in a variety of healthcare settings, including hospitals, clinics, and community health centers, ensuring they are well-prepared for their professional roles.

#### **Community Engagement**

We believe in the importance of giving back to the community. Our students and faculty are involved in numerous outreach initiatives, health fairs, and volunteer programs that promote health and wellness. These activities provide valuable learning experiences and reinforce the values of empathy, service, and social responsibility.

### **Career Opportunities**

Graduates from the Department of Allied Health Sciences are highly sought after in various healthcare settings. Our alumni work in hospitals, outpatient clinics, rehabilitation centers, public health organizations, and private practices. Many of our graduates also pursue advanced degrees and specialized certifications, further enhancing their career prospects.

# **Allied Health Sciences (AHS)**

# **Head of Department Message**

It is a matter of pride and pleasure for me to introduce the Department of Allied Health Sciences, BIHS, Islamabad, Pakistan. Sitting squarely and spanning all areas of allied Health Sciences, the department is focused on devising innovative, correct solutions to real life health problems through world-class education. Our success is evident from our high points such as highly professional, foreign qualified and experienced faculty, diverse degree programs, research achievements and successful alumni serving in top national and international organization worldwide. Better patient care is the ultimate goal of all health care activities and is provided by doctors, nurses and allied health care staff. Provision of health care is a team effort and the allied health worker is an integral part of the health care team, who, if not available, affects the quality of health care provision as Allied health professionals comprise nearly 60% of the healthcare workforce.

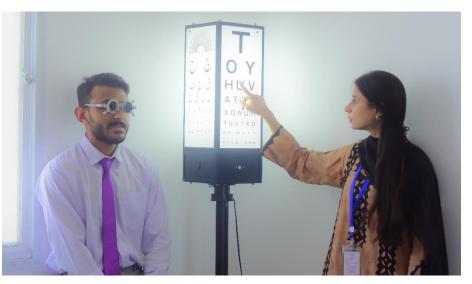


Bashir Institute of Health Sciences, the college of Allied Health Sciences has the honor of being the first institution in the capital territory of Islamabad to start professional degree courses in different disciplines of Allied health Sciences. B.S Emergency &Intensive Care Technology The aim of these programs is to equip the students with relevant professional knowledge, skills, outclass leadership skills, involvement in student activities, and the practical background and internship experience within their specific fields, and ethical values to enable them to apply their acquired expertise at level between the doctors and the patient for efficient health service delivery.

Mr. Muhammad Adnan Yousaf Head of Department Allied Health Sciences BIHS Islamabad











### **FACULTY DEPARTMENT OF ALLIED HEALTH SCIENCES**

| S.No | Name                  | Qualification                   | Designation                             | Picture |
|------|-----------------------|---------------------------------|---|---------|
| 1.   | Dr. Mohammad Bashir   | MBBS,DCP, MCPS, FCPS            | CEO                                     |         |
| 2.   | Dr. Aamir Naveed      | MBBS                            | Chairman                                |         |
| 3.   | Dr. Syed Bilal Haider | MBBS                            | Principal                               |         |
| 4.   | Dr. Qazi Mashood Atta | Pharm D, M.Phil., PhD (scholar) | Vice Principal / Assistant<br>Professor |         |

| 5. | Mr. Mohammad Adnan<br>Yousaf      | BS MLT, M.Phil Biochemistry         | Head of Department<br>Allied Health Sciences |  |
|----|-----------------------------------|-------------------------------------|--|--|
| 6. | Ms. Fahama Syed                   | BS MLT, MS MLT(continued)           | Lecturer                                     |  |
| 7. | Dr Hammad Ahmad                   | PharmD, M.Phil, PhD<br>Pharmacology | HOD Pharm-D, Assistant<br>Professor          |  |
| 8. | Dr. Muhammad Taimoor ul<br>Hassan | BSPT, PPDPT                         | Lecturer                                     |  |

| 9.  | Raja Arbab Saeed | BS Surgical Technology                         | Junior Lecturer/<br>Coordinator |  |
|-----|------------------|--|---------------------------------|--|
| 10. | Mr.Irshad Khan   | BS Anesthesia Technology,<br>MS-Public Health  | Lecturer                        |  |
| 11. | Mr. Ameer Hamza  | BS Anesthesia Technology                       | Demonstrator                    |  |
| 12. | Mr. Rohail Akbar | BS Diagnostic Radiology and Imaging Technology | Lecturer                        |  |

| 13. | Dr. Farah Shaikh   | Master of Science in Healthcare<br>Management, Doctor of Medical<br>Laboratory Sciences | Junior Lecturer                 |  |
|-----|--------------------|---|---------------------------------|--|
| 14. | Mr. Shaheen Ullah  | B.S Vision Sciences   | Junior Lecturer                 |  |
| 15. | Miss Ayesha Rehman | M-Phill Optometry, B.S Vision<br>Sciences   | Junior Lecturer/<br>Coordinator |  |
| 16. | Miss Rimsha        | M.S Vision Sciences   | Lecturer                        |  |

| 17. | Ms. Sundas         | MS Healthcare Management, BS<br>Emergency and ICU          | Lecturer        |           |
|-----|--------------------|--|-----------------|-----------|
| 18. | Wajahat bin Naeem  | MS Human Genetics, BS Cardiac<br>Perfusion                 | Junior Lecturer |           |
| 19. | Musaffa fatima     | BS Cardiac Perfusion                                       | Demonstrator    |           |
| 20. | Miss Maira Manzoor | BS Emergency Medical<br>Technology MS, MPH(in<br>progress) | Lecturer        | Jammu and |

| 21. | Miss Mishal Khan | BS Dental Technology<br>MS Hospital Management | Junior Lecturer |  |
|-----|------------------|--|-----------------|--|
| 22. | Mian Imam Shah   | BS Dental Technology                           | Junior Lecturer |  |
| 23. | Mr. Naeem Khan   | BS MLT   | Junior Lecturer |  |
| 24. | Mr. Fazal Wahid  | BS MLT   | Junior Lecturer |  |

| 25. | Mr. Sanan Ali Shah | BS Radiology Technology                               | Junior Lecturer |       |
|-----|--------------------|---|-----------------|-------|
| 26. | Muhammad Hussain   | M.A. History & M.A Education                          | Junior Lecturer |       |
| 27. | Mr. Nasir Khan     | M. Phil Mathematics (Continued) MSC Mathematics(IIUI) | Junior Lecturer |       |
| 28. | Ms. Kiran Zahra    | MS Computer Science, BS Information Technology        | Lecturer        | O OZZ |

| 29. | Mr. Muhammad Zain Ul<br>Abidin | M.Phil English Linguistics<br>(Continued) | Lecturer      |  |
|-----|--------------------------------|---|---------------|--|
| 30. | Mr. Yasir Mehmood Abbasi       | Bachelors Library Information<br>Sciecnes | Assistant AHS |  |

## **University Affiliation**

This Department is affiliated with Shaheed Zulfiqar Ali Bhutto Medical University (SZABMU) Islamabad.



## **Hospital Attachments**

Department of Rehabilitation Sciences is attached with the following hospitals for students training.

- National Institute of Rehabilitation Medicine (NIRM) Islamabad
- Rawal General and Dental Hospital Islamabad
- Bilal Medical Complex Rawalpindi
- Dr. Bashir General & Dental Hospital Islamabad
- Pakistan Institute Of Medical Sciences (PIMS )Islamabad
- Mahroof international hospital Islamabad.
- Al-Razi
- TDC
- Medi Kay Islamabad
- Farooq International Hospital Islamabad

## **Eligibility Criteria:**

F.Sc (Pre-Medical) or equivalent with minimum of 50% marks

### **Admission Test:**

SZABMU entry test is mandatory for admission in AHS program. Admission is guaranteed to a candidate on the basis of written test and interview as per schedule announced by Bashir Institute of Health Sciences Islamabad.

### Fee structure for Allied Health Sciences (All Disciplines)

| S. | Particulars          | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> | 4 <sup>th</sup> | 5 <sup>th</sup> | 6 <sup>th</sup> | 7 <sup>th</sup> | 8 <sup>th</sup> |
|----|----------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| No |                      | semester        |
|    |                      |                 |                 |                 |                 |                 |                 |                 |                 |
| 1  | Admission fee        | 16,000          |                 |                 |                 |                 |                 |                 |                 |
| 2  | Tuition fee          | 55,000          | 55,000          | 55,000          | 55,000          | 55,000          | 55,000          | 55,000          | 55,000          |
| 3  | Caution money        | 5000            | 5000            | 5000            | 5000            | 5000            | 5000            | 5000            | 5000            |
| 4  | Miscellaneous<br>fee | 5000            | 10,000          | 10,000          | 10,000          | 10,000          | 10,000          | 10,000          | 10,000          |
| 6  | Grand total          | 81,000          | 70,000          | 70,000          | 70,000          | 70,000          | 70,000          | 70,000          | 70,000          |
|    |                      |                 |                 |                 |                 |                 |                 |                 |                 |

#### Following dues will be paid by the students other than above mentioned charges

- 1. University fee will be paid by the students as per university rules & regulations.
- 2. Sports & Extracurricular Dues (As per BIHS Rules)
- 3. The institute authority reserves the right to amend the fee structure as and when seem necessary.

#### **Documents Enclosure:**

The candidate should attach the attested copies of following documents

- 1. SSC(sciences group),HSSC (Pre-Medical) or equivalent certificate (4 Copies of each)
- 2. Domicile Certificate (4 Copies )
- 3. Copy of NIC or form B certificate issued by NADRA (4 Copies )
- 4. Father /Guardian NIC copy(4 Copies)
- 5. Character certificate from school/institute last attended.
- 6. Twelve (12) recent passport size photographs with blue background.
- 7. Affidavit/undertaking on judicial paper of RS: 30/- attested by 1st class magistrate.

# **Uniform for students**

|       | Uniform for AHS students |                      |  |  |  |  |
|-------|--------------------------|----------------------|--|--|--|--|
|       | Summer                   |                      |  |  |  |  |
| S. No | Boys                     | Girls                |  |  |  |  |
| 1.    | Gray pent                | White shalwar        |  |  |  |  |
| 2.    | White shirt              | White Qamiz          |  |  |  |  |
| 3.    | Dark Purple tie          | Dark Purple Dopata   |  |  |  |  |
| 4.    | White lab coat           | White lab coat       |  |  |  |  |
| 5.    | Black shoes              | Black shoes          |  |  |  |  |
|       |                          | Winter               |  |  |  |  |
| S. No | Boys                     | Girls                |  |  |  |  |
| 1.    | Gray pent                | White shalwar        |  |  |  |  |
| 2.    | White shirt              | White Qamiz          |  |  |  |  |
| 3.    | Dark Purple tie          | Dark Purple Dopata   |  |  |  |  |
| 4.    | White lab coat           | White lab coat       |  |  |  |  |
| 5.    | Black shoes              | Black shoes          |  |  |  |  |
| 6.    | Black sweater/jacket     | Black sweater/jacket |  |  |  |  |

# **Refund Policy:**

- Registration Fee/Admission Fee is non-refundable.
- Security Deposit is refundable after completion of degree and no adjustment against security will be entertained during academic stay in the institute.
- Tuition Fee is refundable within 15 days of convene of classes on a pro rata basis as given below.
- No refund including security deposit shall be admissible after 15 days of convene of classes either one joins BIHS/avails facilities or not.

| Timeline for Refund of Tuition Fees | %age of Refund       |
|-------------------------------------|----------------------|
| Before convene of classes           | 70% (Of Tuition Fee) |
| Up to 1 week of convene of classes  | 50% (Of Tuition Fee) |
| Up to 2 week of convene of classes  | 25% (Of Tuition Fee) |
| After 2 week of convene of classes  | 0%                   |

# **DEPARTMENT OF NURSING**

**RECOGNIZED BY** 

# **PAKISTAN NURSING COUNCIL**

**Offers following Degree Programs** 

- 1. BSN Generic
- 2. Post RN Nursing
- 3. One-Year Post-Basic Diploma in ICU

#### **DEPARTMENTOF NURSING**

# Welcome to the Department of Nursing

#### Introduction

The Department of Nursing at [Your Institution] is dedicated to shaping the future of healthcare through excellence in nursing education, research, and practice. Our programs are designed to prepare compassionate, competent, and confident nurses who are ready to meet the diverse and evolving needs of patients and communities.

#### **Our Mission**

Our mission is to educate and inspire nursing professionals who are committed to improving health outcomes, advancing nursing knowledge, and upholding the highest standards of ethical practice. We strive to create a supportive and dynamic learning environment that fosters critical thinking, leadership, and a dedication to lifelong learning.

#### **Programs Offered**

- i. BSN Generic 4- Year Degree Program
- ii. Post RN Nursing 2- Year Degree Program
- iii. Post-Basic Diploma in ICU 1-Year Diploma

#### **Research and Innovation**

The department promotes a culture of research and innovation. Students and faculty engage in cutting-edge research projects that contribute to the advancement of nursing practice and healthcare delivery.

**Clinical Training:** Students gain hands-on experience in a variety of healthcare settings, including hospitals, clinics, and community health centers. This practical training is essential for developing clinical skills and professional competence.

#### **Community Engagement**

The Department of Nursing is committed to serving the community. Our students and faculty participate in numerous outreach activities, health fairs, and volunteer programs, providing essential health services and education to underserved populations. These efforts underscore our commitment to social responsibility and public health.

#### **Career Opportunities**

Graduates of our nursing programs are highly sought after by employers in various healthcare settings. Our alumni work in hospitals, outpatient clinics, long-term care facilities, community health organizations, and more. Many of our graduates also pursue advanced practice roles, leadership positions, and academic careers.

# **Principal Message**

Department of Nursing-Bashir Institute of Health Sciences (BIHS) is an integral part of BIHS. BIHS aims to provide the standard educational learning opportunities to baccalaureates graduates. To achieve this, highly efficient and diligent nursing teachers are putting their utmost with students at all circumstances.

I firmly believe that proper training, orientation and supervision helps to prepare responsible and accountable nursing graduates. In department of nursing, students do have the benefit of contributions from the interdisciplinary teaching faculty and ample opportunity for extra- curricular activities. In this regard, department of nursing has an excellent, efficient and highly motivated faculty who plan meticulously all the curricular and co-curricular activities for the students. Moreover, the institute enables supportive learning environment, career-oriented discipline, good clinical and library facilities that attract the students to study here.



As a principal, it is my prime responsibility to ensure quality educational services are available to our nursing students at all times. Furthermore, I also stress to attain the ultimate goal of preparing competent, compassionate and caring graduate nurses who can excel in their clinical or educational practices while considering ethical nursing principles.

Mr. Muhammad Imran Principal Department Of Nursing BIHS Islamabad



# **FACULTY MEMBERS OF DEPARTMENT OF NURSING**

| Sr. No. | Name                | Qualification        | Designation | Picture |
|---------|---------------------|----------------------|-------------|---------|
| 1.      | Dr. Mohammad Bashir | MBBS,DCP, MCPS, FCPS | CEO         |         |
| 2.      | Dr. Aamir Naveed    | MBBS                 | Chairman    |         |
| 3.      | Dr. Yasmin Bashir   | MBBS                 | Co Chairman |         |

| 4. | Dr. Syed Bilal Haider | MBBS                               | Principal   |  |
|----|-----------------------|------------------------------------|---|--|
| 5. | Dr. Qazi Mashood Atta | Pharm D, M.Phil., PhD<br>(scholar) | Vice Principal / Assistant Professor                  |  |
| 6. | Muhammad Imran        | BSN, MSPH & MSN                    | Principal/Assistant Prof. Department Of Nursing. BIHS |  |
| 7. | Ms Tazeen Asghar      | BSN, MSPH & MSN                    | Senior Lecturer                                       |  |

| 8.  | Ms. Nadia Husnain | RN, PRN-BSN                  | Coordinator BSN 2024,<br>Lecturer |  |
|-----|-------------------|------------------------------|-----------------------------------|--|
| 9.  | Ms. Arige         | Generic BS Nursing           | Lecturer                          |  |
| 10. | Ms. Arooj Samuel  | Generic BS Nursing           | Lecturer                          |  |
| 11. | Ms. Saliha Naeem  | MS Psychology<br>(Continued) | Demonstrator                      |  |

| 12. | Ms. Kiran Zahra  | MS Computer Science, BS<br>Information Technology                                       | Lecturer        | otiay silim a |
|-----|------------------|---|-----------------|---|
| 13. | Dr. Farah Shaikh | Doctor of Medical Laboratory<br>Sciences, Master of Science<br>in Healthcare Management | Junior Lecturer |   |
| 14. | Mr. Hussain      | M.A History & M.A<br>Education  | Junior Lecturer |   |
| 15. | Dr. Haris Raheem | Pharm D, MPhil (Clinical<br>Pharmacy Practices)   | Lecturer        | Chewate   |

| 16. | Shafiq Ahmad                   | M phil-English Linguistics                                 | Lecturer                           |  |
|-----|--------------------------------|--|------------------------------------|--|
| 17. | Mr. Muhammad Zain Ul<br>Abidin | M.Phil English Linguistics<br>(Continued)                  | Lecturer                           |  |
| 18. | Mr. Nasir Khan                 | M.Phil Mathematics<br>(Continued)<br>MSC Mathematics(IIUI) | Junior Lecturer                    |  |
| 19. | Mr. Muhammad<br>Abdullah       | MSc Economics & Business<br>Administration                 | Focal Person Department of Nursing |  |

| 20. | Arslan Aziz | BS Computer Science<br>(Continue) | Admin Assistant |  |
|-----|-------------|-----------------------------------|-----------------|--|
|-----|-------------|-----------------------------------|-----------------|--|

# **University Affiliation**

This Department is affiliated with Shaheed Zulfiqar Ali Bhutto Medical University (SZABMU) Islamabad for Post RN BSN & Diploma in ICU and with University of Health Sciences (UHS) Lahore for BSN Generic Program.



# **Pakistan Nursing Council Accreditation**

Bashir Institute Of Health Sciences Department of Nursing is recognized by Pakistan Nursing Council.



# **Hospital Attachments**

Department of Nursing is attached with the following hospitals for student's clinical training:

- National Institute of Rehabilitation Medicine (NIRM) Islamabad
- Rawal General and Dental Hospital Islamabad
- Bilal Medical Complex Rawalpindi
- Dr. Bashir General & Dental Hospital Islamabad
- Pakistan Institute Of Medical Sciences (PIMS )Islamabad
- Mahroof international hospital Islamabad.
- Al-Razi
- TDC
- Medi Kay Islamasbad
- Farooq International Hospital Islamabad

#### **Eligibility Criteria for BSN (04-Years):**

- Matric Science (Physics, Chemistry & Biology as compulsory subjects)
- F.Sc (Pre-Medical) with 50% marks minimum (Physics, Chemistry & Biology as compulsory subjects)
- SZABMU- Entry Test

# **Documents Enclosure:**

The candidate should attach the attested copies of following documents

- i. SSC(sciences group),HSSC (Pre-Medical) (4 Copies of each)
- ii. Domicile Certificate (4 Copies)
- iii. Copy of NIC or form B certificate issued by NADRA (4 Copies )
- iv. Father /Guardian NIC copy(4 Copies)
- v. Character certificate from school/institute last attended.
- vi. Twelve (12) recent passport size photographs with blue background.
- vii. Affidavit/undertaking on judicial paper of RS: 100/- attested by 1st class magistrate.
- viii. Submission of original migration certificate/NOC from previous board

#### Fee Structure for BSN-4 Year (Generic) Program

| S. | Particulars                       | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> | 4 <sup>th</sup> | 5 <sup>th</sup> | 6 <sup>th</sup> | 7 <sup>th</sup> | 8 <sup>th</sup> |
|----|-----------------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| No |                                   | semester        |
| 1. | Admission fee<br>(Non-refundable) | 30,000          |                 |                 |                 |                 |                 |                 |                 |
| 2. | Tuition fee                       | 100,000         | 100,000         | 100,000         | 100,000         | 100,000         | 100,000         | 100,000         | 100,000         |
| 3. | Caution money                     | 10,000          | 10,000          | 10,000          | 10,000          | 10,000          | 10,000          | 10,000          | 10,000          |
| 4. | Miscellaneous<br>fee              | 10,000          | 10,000          | 10,000          | 10,000          | 10,000          | 10,000          | 10,000          | 10,000          |
| (  | Grand total                       | 1,50,000        | 120,000         | 120,000         | 120,000         | 120,000         | 120,000         | 120,000         | 120,000         |

#### Following dues will be paid by the students other than above mentioned charges

- 1. University Charges (University Registration, PNC Enrolment, Examination fee in each Semester, Transcript and Degree) will be paid by the students as per the actual notified rate.
- 2. Sports & Extracurricular Dues (As per BIHS Rules)
- 3. Hospital Clinical Charges per semester will be paid by the students when clinical training starts
- 4. The institute authority reserves the right to amend the fee structure as and when seem necessary.

# **Eligibility Criteria for Post RN**

- i. Matric with Science (Biology, Chemistry & Physics as compulsory subject) OR Matric with Arts as per HEC Notification No. 8(61) A&A/ 2018/HEC/5998dt.06.04.2018
- ii. Diploma in Nursing from PNC recognized institution (3 years)
- iii. Diploma in Midwifery (any Post Basic Specialty for male candidates in lieu of midwifery)
- iv. One-year clinical experience (Post experience of midwifery/specialty)
- v. Valid PNC registration with all entries of professional qualifications
- vi. SZABMU-Entry Test

#### **Fee Structure for Post-RN-BSN Program**

| S. No | Particulars       | 1 <sup>st</sup> semester | 2 <sup>nd</sup> Semester | 3 <sup>rd</sup> semester | 4 <sup>th</sup> semester |
|-------|-------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 1     | Admission fee     | 10, 000/-                |                          |                          |                          |
| 2     | Tuition fee       | 70,000/-                 | 70,000/-                 | 70,000/-                 | 70,000/-                 |
| 3     | Caution money     |                          |                          |                          |                          |
| 4     | Miscellaneous fee |                          |                          |                          |                          |
| 6     | Grand total       | 80,000/-                 | 70,000/-                 | 70,000/-                 | 70,000/-                 |

# **Documents Enclosure:**

The candidate should attach the attested copies (4 Copies ) of following document

- i. Secondary school certificate
- ii. Diploma in Nursing from PNC recognized institution (3 years)
- iii. Diploma in Midwifery (any Post Basic Specialty for male in lieu of midwifery)
- iv. DMCs of 3-Year Diploma and One-year Midwifery/Specialty Program
- v. One year clinical experience letter (Post experience of midwifery/specialty)
- vi. Valid PNC registration card with all entries of professional qualifications
- vii. Affidavit/undertaking on judicial paper of RS: 100/- attested by 1st class magistrate

# Fee structure for Post RN and Diploma in ICU Program

| S. No | Particulars   | 1 <sup>st</sup> semester | 2 <sup>nd</sup> Semester |
|-------|---------------|--------------------------|--------------------------|
| 1     | Admission fee | 10, 000/-                |                          |
| 2     | Tuition fee   | 40,000/-                 | 40,000/-                 |
| 6     | Grand total   | 50,000/-                 | 40,000/-                 |

#### Following dues will be paid by the students other than above mentioned charges

- 1. University Charges (University Registration, PNC Enrollment, Examination fee each Semester, Transcript and Degree) will be paid by the students as per the actual notified rate.
- 2. Sports & Extracurricular Dues (As per BIHS Rules)
- **3.** The institute authority reserves the right to amend the fee structure as and when seem necessary.

# **Eligibility Criteria for Post RN & Diploma in ICU:**

- 1. Diploma in General Nursing and Midwifery 50 % aggregate marks
- 2. Registered with PNC and having a valid PNC card

# Following dues will be paid by the students other than above mentioned charges

- 1. NEB-Punjab Charges (Registration, PNC enrollment, Examination fee-each Semester, Transcript and Diploma) will be paid by the students as per the actual notified rate.
- 2. Sports & Extracurricular Dues (As per BIHS Rules)
- 3. The institute authority reserves the right to amend the fee structure as and when seem necessary.

# **Uniform for students**

|          | Uniform for Nursing students |                        |                         |                        |  |  |
|----------|------------------------------|------------------------|-------------------------|------------------------|--|--|
|          | Sum                          | mer                    |                         | Winter                 |  |  |
| S.<br>No | Boys                         | Girls                  | Boys                    | Girls                  |  |  |
| 1.       | Grey pent                    | White shalwar          | white pent              | White shalwar          |  |  |
| 2.       | White shirt                  | White Kamiz            | White shirt             | White Kamiz            |  |  |
| 3.       | Black Tie                    | Black<br>Dupata/Abbaya | Black Tie               | Black<br>Dupata/Abbaya |  |  |
| 4.       | White lab coat               | White lab coat         | White lab coat          | White lab coat         |  |  |
| 5.       | Black shoes                  | Black shoes            | Black shoes             | Black shoes            |  |  |
| 6.       |                              |                        | Black<br>sweater/jacket | Black sweater/jacket   |  |  |

# **Refund Policy:**

- Registration Fee/Admission Fee is non-refundable.
- Security Deposit is refundable after completion of degree and no adjustment against security will be entertained during academic stay in the institute.
- Tuition Fee is refundable within 15 days of convene of classes on a pro rata basis as given below. No refund shall be admissible after 15 days of convene of classes either one joins BIHS/avails facilities or not.
- However, leaving institute after the completion of registration process (Pakistan Nursing Council and University Registration), student has to pay charges/fee of a complete subsequent year to get the NOC/Migration Certificate.

| Timeline for Refund of Tuition Fees | %age of Refund       |
|-------------------------------------|----------------------|
| Before convene of classes           | 70% (Of Tuition Fee) |
| Up to 1 week of convene of classes  | 50% (Of Tuition Fee) |
| Up to 2 week of convene of classes  | 25% (Of Tuition Fee) |
| After 2 week of convene of classes  | 0%                   |

DR. BASHIR GENERAL & DENTAL TEACHING HOSPITAL

# DR. BASHIR GENERAL & DENTAL TEACHING HOSPITAL

#### **Introduction:**

#### Welcome to Dr. Bashir General & Dental Teaching Hospital

A premier institution that was established in December 2014 with the aim of providing top-notch medical and dental care facilities, alongside exceptional educational opportunities. Our hospital stands as a beacon of excellence in healthcare, combining state-of-the-art facilities with a compassionate approach to patient care.

At Dr. Bashir General & Dental Teaching Hospital, we are committed to fostering the next generation of healthcare professionals. Our comprehensive teaching programs are designed to equip students with the knowledge, skills, and hands-on experience needed to excel in their respective fields. With a team of highly qualified and experienced faculty, we ensure that our students receive a well-rounded education that blends theoretical learning with practical application.

#### It comprises of 5 departments

- i. OPD
- ii. Prosthodontics
- iii. Oral Surgery
- iv. Periodontology
- v. Operative Dentistry.

These departments are providing all basic dental procedures to the local community at the most affordable prices. We have built trust in the community as patients also from far-flung areas visit the facility for dental procedures.

We are also engaging our final semester students in the clinical for the purpose of learning and better understanding. The dental hospital of **Dr. Bashir General and Dental Teaching Hospital** is committed to excellence in providing the best oral health to the community.



# LIST OF DOCTORS AND DENTAL STAFF BASHIR GENERAL & DENTAL TEACHING HOSPITAL

| S .No | Name                      | Qualification                    | Designation                                   | Picture |
|-------|---------------------------|----------------------------------|---|---------|
| 1.    | Prof. Mohtada Hassan      | BDS, MDSC                        | Principal Bashir College of<br>Dentistry      |         |
| 2.    | Dr. Umair Farukkh         | BDS, BSc, MDPH, DDPH, RCS (Eng.) | Vice Principal Bashir<br>College of Dentistry |         |
| 3.    | Dr. Mazhar Waseef<br>Khan | BDS, RDS                         | Dental Registrar                              |         |
| 4.    | Dr. Muhammad hamza        | BDS, RDS                         | Dental Registrar                              |         |

| 5. | Dr. Hamza Riaz     | BDS, RDS             | Dental Registrar     |  |
|----|--------------------|----------------------|----------------------|--|
| 6. | Dr. Arshia Ferozan | BDS, RDS             | Dental Registrar     |  |
| 7. | Mian Imam Shah     | BS Dental Technology | DMS/ Dental Hospital |  |
| 8. | Sobia Abdul Maliq  | BS Dental Technology | Dental Technologist  |  |

| 9.  | Aizaz Iyaz        | BS Dental Technology | Dental Technologist |  |
|-----|-------------------|----------------------|---------------------|--|
| 10. | Miss Mishal Khan  | BS Dental Technology | Dental Technologist |  |
| 11. | Mr. Nasir Mehmood | BS Dental Technology | Dental Technologist |  |
| 12. | Mr. Ejaz Ahmed    | F.A                  | Receptionist        |  |

| 13. | Mehboob Alam     | MSc. Statistics | Account Office/<br>Coordinator BCOD |  |
|-----|------------------|-----------------|-------------------------------------|--|
| 14. | Mr. Tariq Saleem | Matric          | Caramist Lab Technician             |  |

# **Bashir College of Dentistry**

# ADMINISTRATIVE STAFF

| S. No. | Name                  | Designation                              | Picture |
|--------|-----------------------|--|---------|
| 1.     | Dr. Qazi Mashood Atta | Vice Principal / Incharge Administration |         |
| 2.     | Mr. Naeem Khan        | Admission Officer                        |         |
| 3.     | Mr. Muhammad Abdullah | Admission Officer                        |         |
| 4.     | Mr. Muhammad Saddique | Admission Officer                        |         |

| 5. | Ms. Sadiqa Ghazanfer | Admission Officer                    |  |
|----|----------------------|--------------------------------------|--|
| 6. | Abid ur Rehman       | Director Finance /Transport Incharge |  |
| 7. | Shams ur Rehman      | Account Officer                      |  |
| 8. | Mehboob Alam         | Account Officer                      |  |

| 9.  | Mehran Khan       | PS to Chairman      |  |
|-----|-------------------|---------------------|--|
| 10. | Mr. Shabbir Ahmad | Senior Librarian    |  |
| 11. | Abdur Rahim Khan  | Assistant Librarian |  |

# **SUPPORTING STAFF**

| S. No. | Name            | Designation        | Picture |
|--------|-----------------|--------------------|---------|
| 1.     | Mr Ishtiaq      | Store Incharge     |         |
| 2.     | Dilafsar Khan   | Cafeteria Incharge |         |
| 3.     | Usman           | Security Guard     |         |
| 4.     | Muhammad Naseer | Security Guard     |         |

| 5. | Sher Hassan         | Office Boy |  |
|----|---------------------|------------|--|
| 6. | Muhammad Waseem     | Office Boy |  |
| 7. | M. Abdullah Tanveer | Office Boy |  |
| 8. | Bilal               | Office Boy |  |

| 9.  | Umer Mukhtar   | Office Boy       |  |
|-----|----------------|------------------|--|
| 10. | Faizan Qamar   | Office Boy       |  |
| 11. | Naeem Abbasi   | In charge Driver |  |
| 12. | Saif ur Rehman | Cleaner          |  |

| 13. | Gul Alam      | Cleaner          |  |
|-----|---------------|------------------|--|
| 14. | Muhammad Safa | Cleaner          |  |
| 15. | Jalil Khan    |                  |  |
| 16. | Siam Ali      | Cafeteria Helper |  |

| 17. | Samander Khan | Chef           |  |
|-----|---------------|----------------|--|
| 18. | Imad Ali Shah | Chef           |  |
| 19. | Zahid Khan    | Chef           |  |
| 20. | Luqman Shah   | Security Guard |  |

| 21. | Darwesh              | Cook helper    |   |
|-----|----------------------|----------------|---|
| 22. | Muhammad Qamar Nawaz | Security Guard | 1 |
| 23. | ZeriGul              | Security Guard |   |
| 24. | Shahid Alam          | Security Guard |   |
| 25. | Fehmida Bibi         | House Keeping  |   |

# BASHIR CLINICAL DIAGNOSTIC & RESEARCH CENTER

#### BASHIR CLINICAL DIAGNOSTIC & RESEARCH CENTER MISSION

To develop human resources in the field of health, by inculcating professional knowledge, skills and ethical values, to bring-in prosperity and technological advancement based on high-tech. research in the individual's life and society at large.

#### INTRODUCTION

The Bashir Clinical Diagnostic & Research Center is a not for profit, dedicated center aims to provide specialized laboratory testing services and comprehensive diagnostic evaluation for a range of pathological conditions to community. Our expertise includes diagnosis and interpretation of results which requires detailed knowledge of the field by individual's specialist in laboratory sciences and molecular biology. Standards ethical approach, accurate tests and reasonable cost is the hall mark of the center and require only sample from the patient's blood, urine etc. The center also offers diagnostic screening at population level which is important in therapeutic intervention and preventive measures to limit the spread of disease and outbreak. The data generated from various tests are used for clinical research reports and academic purposes after taking proper consent from the patients. Center is well equipped and offer training to undergraduate students taking into consideration the following objectives

#### **OBJECTIVES:**

- Ability to understand, develop and follow standard guidelines for use in clinical laboratory sciences
- Learn how to collaborate with clinicians and other health care workers
- How to ensure and deliver quality results from the provided samples
- To understand the role and limitations of diagnostics healthcare professional
- To understand and grip the running protocols of diagnostics instruments
- To minimize the diagnostic errors and issues associated with various assays
- How to analyze and interpret the obtained results in the perspective of disease
- Recognize the patient safety risks associated with misuse of the clinical laboratory
- How to report results in scientific literature following proper ethical guidelines

- Advise and counseling the patients about the prognosis of diseases in the context of pathology
- Ability to communicate effectively in written, oral, and graphical forms, including the use of professional quality visual aids

#### **STRATEGIC PLANS**:

- 1. Building core concepts through extensive training and laboratory work via the application of clinical and theoretical knowledge.
- 2. Designing small scale projects compatible and aligned with the nation healthcare need.
- 3. Plane summer internship for revenue generation and to give hands-on training to students and other allied health professionals.
- 4. The center is striving to develop national guidelines in accordance to Pakistan Healthcare commission in order to be included as reference Lab by Pakistan.
- 5. Initiation of co-curricular activities like academic clubs, participating in national and international competitions, conferences and exhibitions.

#### **Journal**

#### **Message of the Editor**

Cutting-edge research within the domain of ethical guidelines is an essential domain for any organization to be established on a scientific foundation. The scientific vision and mission significantly influence organizational performance. To be a part of the International Scientific and academic community, Bashir Institute of Health Sciences is always striving to be in a race to compete with international standards. Scientific and research advancement make a huge stride in advancing knowledge and booting the research potential of any organizational student. In doing so, Bashir Institute of Health Sciences has launched an International Journal titled "Journal of Bashir Institute of Health Sciences" looking into the importance of research and finding the ways to standout your accomplishments.

Journal of Bashir Institute of Health Sciences offers a platform for sharing your research with a wider audience and make it more visible without any article processing fee. The journal strictly adheres to COPE ethical guidelines. Any author whose work was found to be redundant/copy paste or plagiarized will be blacklisted from the journal for any future submission.

Currently, the Journal of Bashir Institute of Health Sciences is indexed in Google scholar, Publon, and has an ISSN number both for electronic and print media.

The journal considers original research papers, short communication, editorial, case report, mini-review, and any epidemiological reports from all domains of health sciences. The research work must be original, and the finding must have a significant impact on the general population. All the submitted manuscripts undergo a rigorous peer-review process both via an in-housed editorial board and external independent reviewers. After review and acceptance, the article is published in their regular issues and is provided free access to a worldwide audience.

Editor in Chief

Dr. Umair Farrukh

BDS, BSc, MDPH, DDPH, RCS (Eng.)

#### **Journal of Bashir Institute of Health Sciences**

Journal of Bashir institute of Health Sciences is an official journal of Bashir Institute of Health Sciences, Islamabad, Pakistan. It is an international multidisciplinary research journal, which serves as a platform for researchers and scientists, clinicians, and other allied health professionals to publish their original research and investigations. It is biannual international peer reviewed, online journal covering all the specialties of biomedical and health sciences such as medicine, nursing, dentistry, intensive care, Cardiac perfusion Anesthesia, surgery, optometry, DPT, Laboratory sciences and radiology. The journal consider clinical case reports, research articles, mini review, editorials and medical images to be published in their regular issues. Submitted manuscripts first undergo rigorous peerreview process by the in-house editorial board member and external independent reviewers. The articles are made freely accessible online after acceptance without any article processing charges. (http://journals.science.org.pk/index.php/amdd/about)

### **Rules & Regulations of BIHS**

All the students of BIHS are expected to observe disciplinary standards of the institute in all their dealing. Failure to meet these standards will require them to appear before the disciplinary committee, which may recommend a suitable action against the students in terms of

- i. Fine in payable amount
- ii. Suspension of the students
- iii. Or Expulsion from the institute

Any of the following students will call for a disciplinary action.

- i. For not wearing a proper neat and clean uniform.
- ii. For not displaying the college identity card during institute time
- iii. Indulge in offences like act of dishonesty, harassment, assault of any kind, drug uses, drug possession, possession of arms, illegal and disruptive conduct, theft and misuses of property etc.
- iv. For any willful damage to the institute property as it is considered a deliberate act of in-discipline and shall therefore be dealt with accordingly. The institute reserves the rights to dismiss the student for violation of its policies and regulation or for conduct prejudicial to the interest of institute.
- v. Students are not allowed to collect the funds for any purpose what so ever without prior permission of management of college.
- vi. Students are absolutely not allowed to see visitors during teaching hours or receive a phone call except in extra ordinary circumstances..
- vii. No notice shall be put on notice board by any student directly unless permission has been granted by institute authorities.
- viii. No student is allowed to paste, exhibit prepare or distribute any poster, leaflet notice, pamphlet or hand bill, what so ever in the premises of institute.
- ix. Institute does not accept any liability or responsibility for any failure or delay in the performance due to any cause beyond its control such as fire, natural disasters, power failure, riots, political interest or act of public authorities etc..
- x. In case of disciplinary action against guilty student resulting into his/her expulsion from the institute, he/she shall not be entitled for any financial or academic compensation.
- xi. Security fee will be refunded after receiving of final DMC.
- xii. BIHS reserve the rights to change any or all the rules at any stage during the course of time in the larger interests of institute or that of students.

#### **Rules & Regulations for Safe Lab Environments:**

Safety in the laboratory involves a cautious attitude and an awareness of potential hazards. Usually potential accidents can be anticipated and prevented. If safety precautions are followed, fewer accidents will occur. The number of laboratory accidents can be reduced if every student follows all of the directions given for the experiment and by the instructor.

Special note should be taken of specific instructions that are given in an experiment to eliminate recognized potential hazards.

Students are expected to observe the following rules while performing the practical in labs; any violation of these rules will incur appropriate disciplinary action

#### A. General Rules & Regulations

- 1. Lab Instructor is not responsible for damage to personal effects.
- 2. Whenever students are performing authorized experiments in the laboratory, an instructor is expected to be present or a student needs explicit permission from the instructor to work in the laboratory in which case the student must have a partner present in the lab.
- 3. Any breakage of glassware or other breakable laboratory equipment is to be immediately reported to the laboratory instructor.
- 4. Electronic devices, such as cellular phones and pagers, and any personal entertainment devices must be turned off prior to the beginning of the lab period. Failure to comply will result in dismissal.
- 5. No visitors should attend class without the prior consent of the instructor
- 6. Failure to comply with laboratory rules and regulations will result in expulsion from the laboratory and referral to the Department Chair for further action.

#### **B.** Accident and Emergency Procedures

- 1. Each individual is to report any accident, no matter how small, to the laboratory instructor. If necessary, the laboratory instructor will give a written report of the incident to the Department Chair.
- 2. Should an incident occur and a staff or faculty member is not immediately available, contact the Health Center for assistance or call 1122.

#### C. Medical or Hospitalization Insurance Information

If you are involved in an accident, all medical expenses will be your responsibility or your guardian's responsibility. If appropriate, please check with your guardians to see whether you are covered by medical insurance.

#### **Examination And Attendance Rules:**

- 1. A student is required to maintain an attendance level of at least 75% for a registered course during a semester/year. There are no relaxations on any ground to the minimum required attendance. a student who fail to maintain minimum level of attendance i.e.75% is not allowed to appear in terminal examination and is treated as fail.
- 2. A student absent for five consecutive days or absent for consecutive lectures in any one subject without approved leave will automatically be struck-off from the college.
- 3. A student who applies for leave (for medical or other emergencies) must submit proper application duly signed by the parent or guardian.
- 4. Back-dated leave application will not be entertained in any case. It is responsibility of the student and his/her parents to submit the leave application in the institute office in due time.

- 5. Leave is approved only to exempt the student from absentee fine and shall not be credited to his attendance and it should not be assumed to compensate for the compensation of attendance shortage at the end.
- 6. Regular monthly tests and term examination are held throughout the academic year for all students. Pre-Prof examinations are also held before university examination. All students are required to attend and pass these examination.
- 7. A student found guilty of using unfair means in the test or examination shall be fined along with parent call or cancelation of paper.
- 8. Cell phones, books/notes and weapons/ arms are strictly prohibited. In case of failure of mentioned rule penalties will be cancellation of relevant paper or all paper of exam and debarred from appearing in the next one to five examinations, beside fine as determined by the institute or disqualified to appear from any medical institute/university.
- 9. An examiner is authorized to dismiss you from the examination for use of un-fair means.
- 10. The institute authority reserves the right to amend the rules as and when deem necessary.

#### **Rules Regarding Payment of Fee:**

Prescribed fee is required to be paid on or before the due date. Last date may be seen on selection letter or as announced by the institute. Partial payment is not accepted. If any student is unable to pay the fee on the due date, he/she must seek the permission of the chairman for extension of the last date of paying the fee. Candidate failing to deposit full fee by the due date, loses his/her seat which is offered to the next waiting candidate on merit list.

- 1. The candidate may appeal to the chairman for readmission in the same session. The authorities may allow readmission in compassionate grounds only after payment of admission fee.
- 2. Semester / Annual fee is required to be paid on or before the due date decided by institute authority. Otherwise a penalty of Rs: 2000/- will be charged after 15 days.
- 3. Hostel fee & Transport fee will be deposited before 5th of each month. Otherwise a penalty of Rs: 100 will be charged per day.
- 4. The detained students will have to submit full semester / year fee.
- 5. Migrated students from other university / institute (either affiliated with SZABMU) will have to pay full tuition fee of current semester/ year including security charges.
- 6. If a student wants to migrate from BIHS to any other institute / university, she/he will have to pay full fee of ongoing semester/year. And she/he will not able to claim security charges refund.
- 7. If the students, who has not paid / cleared all the dues of the institute, will not be entered in the admission register, nor he /she will be allowed to attend the classes or appear in the examination.
- 8. Registration Fee/Admission Fee is non-refundable.
- 9. Security Deposit is refundable after receiving of final DMC of degree. In case of discontinuation migration or cancellation of admission security will not be refunded and no adjustment against security will be entertained during academic stay in the institute.

- 10. Student availing the institute hostel facility are bound to complete one year in hostel, before that they will not be allowed to quit hostel in case they do so the will be charge with one year of hostel dues and security will be confiscated.
- 11. Registration fee/admission fee is non-refundable.
- 12. Tuition Fee is refundable within 15 days of convene of classes on a pro rata basis as given below. No refund shall be admissible after 15 days of convene of classes either one joins BIHS/avails facilities or not.

| Timeline for Refund of Tuition Fees | %age of Refund       |
|-------------------------------------|----------------------|
| Before convene of classes           | 70% (Of Tuition Fee) |
| Up to 1 week of convene of classes  | 50% (Of Tuition Fee) |
| Up to 2 week of convene of classes  | 25% (Of Tuition Fee) |
| After 2 week of convene of classes  | 0%                   |

13. The institute authorities reserve the right to amend the rules as and when deem necessary.

# Laboratories & facilities

#### **LIBRARY:**

Welcome to the Library at Dr. Bashir General & Dental Teaching Hospital, a cornerstone of our educational and research endeavors. Our library is designed to be a vibrant and dynamic resource center, supporting the academic, clinical, and research needs of our students, faculty, and healthcare professionals.

Our library boasts an extensive collection of medical and dental literature, including textbooks, journals, research papers, and digital resources. We provide access to the latest publications and databases, ensuring that our users stay abreast of the most recent advancements and discoveries in their fields.

Equipped with modern facilities, our library offers a conducive environment for study and research. We have dedicated spaces for individual study, group discussions, and collaborative projects, all designed to foster a productive and engaging learning experience.

#### **E-Library**

The institute also provides access to the HEC Digital Library for its students, faculty, and researchers. The library is staffed by postgraduate qualified personnel dedicated to supporting and encouraging users in academic and research activities.

Our knowledgeable and friendly staff are always on hand to assist with research inquiries, provide guidance on resource utilization, and support information literacy. We also offer a range of workshops and training sessions to help our users develop critical research skills and stay updated with the latest tools and technologies in the medical and dental fields.

The Library at Dr. Bashir General & Dental Teaching Hospital is more than just a repository of books; it is a hub of knowledge, innovation, and learning. We are committed to providing an exceptional resource that empowers our community to achieve excellence in education, research, and clinical practice.









#### **Rules & regulations for library:**

Users are expected to observe the following rules while using the library services; any violation of these rules will incur appropriate disciplinary action.

- 1. Silence should be observed in the library.
- 2. Mobiles/iPods/Laptops should be kept on silent mode. Sleeping, Listening/watching drama and music etc. while staying at library is prohibited.
- 3. Leave your personal belongings such as handbags, briefcases, etc., outside the library entrance.
- 4. Seat in the library cannot be reserved.
- 5. Eating, drinking and smoking etc. are not permitted within the library premises.
- 6. Library staff can ask anyone causing disturbances or not properly dressed e.g. wearing sleeveless T-shirts, singlet and shorts etc. to leave the library.
- 7. Book(s) will be return within Two weeks.
- 8. If the book return date is on weekend/off day then return it one day earlier.
- 9. Book(s) will be reissued if it is not required by any other member on the next day but not reissued on the same day. Book(s) will have to be presented at the time of reissue.
- 10. Student/Library member will submit any book(s) or other material, when requested by the library staff.
- 11. Do not write, underline or mark any book(s). Library book(s) are carefully examined on return and the borrower will be held responsible for the damage.
- 12. In case of loss or damage, the student/library member will be charged the double price of book(s) or other material.
- 13. Make sure you have provided correct e-mail address while filling your library membership form.
- 14. Report lost books or other materials to the library immediately to stop overdue fines.
- 15. In case of lost Library Card, please immediately report to the circulation staff so that your membership is temporarily blocked to prevent misuse of the Library Card. Once you get a replacement, please inform circulation staff so that your memberships can be re-activated.
- 16. Ask for help from library staff if you are unable to find your required material.
- 17. While returning library books or other materials at the Circulation Desk please ensure that the circulation staff has returned the book(s).
- 18. Faculty members will also follow the general rules and can borrow the library books according to their category.
- 19. BIHS Library management reserves the rights to change any/all rules and regulations as and when deem necessary.

#### **Basic Medical Science Lab**

Basic Medical Science Lab is equipped with state-of-the-art facilities and cutting-edge technology to provide an exceptional learning environment. Here, students gain hands-on experience and practical skills in areas such as anatomy, physiology, biochemistry, and microbiology. The lab is designed to bridge the gap between theoretical knowledge and clinical application, ensuring that our students are well-prepared for their future roles as healthcare professionals.

Under the guidance of our experienced and highly qualified faculty, students engage in a variety of experiments and practical sessions that enhance their understanding of complex medical concepts. Our instructors are committed to providing a supportive and stimulating learning atmosphere, encouraging curiosity, critical thinking, and innovation.







#### **Pharmaceutical Chemistry Lab**

Equipped with state-of-the-art technology and modern instrumentation, the Pharmaceutical Chemistry Lab offers a dynamic and engaging learning environment. Here, students gain hands-on experience in various aspects of pharmaceutical chemistry, including organic synthesis, drug formulation, quality control, and analytical techniques.









#### **Pharmaceutics Lab**

Pharmaceutics Lab at Dr. Bashir General & Dental Teaching Hospital, an integral part of our comprehensive pharmaceutical education program. Our lab is designed to provide students with a deep understanding of the science and technology involved in the formulation, preparation, and evaluation of pharmaceutical dosage forms. The lab houses advanced equipment such as tablet presses, dissolution testers, particle size analyzers, and stability chambers, among others. These tools enable students to conduct detailed experiments and analyses, ensuring they gain the technical skills and knowledge required in the pharmaceutical industry.





#### **Pharmacognosy Lab**

Pharmacognosy Lab at Dr. Bashir General & Dental Teaching Hospital, is a vital part of our pharmaceutical sciences program dedicated to the study of natural products and their applications in medicine. Our lab provides an exceptional learning environment where students explore the medicinal properties of plants and other natural sources. The Pharmacognosy Lab is equipped with advanced technology and modern instruments, offering students hands-on experience in the extraction, identification, and analysis of bioactive compounds. Here, students delve into the fascinating world of medicinal plants, understanding their role in traditional and modern medicine.





#### Microbiology and Histology Lab

Microbiology and Histology Lab at Dr. Bashir General & Dental Teaching Hospital, a cornerstone of our medical and dental education programs. This state-of-the-art facility is dedicated to equipping students with a deep understanding of microorganisms and tissue structures, essential for diagnosing and understanding diseases.

In the Microbiology section, students gain hands-on experience in culturing, identifying, and studying various microorganisms, including bacteria, viruses, fungi, and parasites. The Histology section provides students with the tools and techniques to explore the microscopic structure of tissues and organs. Through advanced histological techniques, including tissue processing, staining, and slide preparation, students can examine and identify different cell types and tissue structures.



#### **Anatomy Museum**

Anatomy Museum at Dr. Bashir General & Dental Teaching Hospital, a premier educational resource dedicated to the study and exploration of human anatomy. Our museum serves as a vital tool for medical and dental students, providing a comprehensive and immersive learning experience that bridges the gap between theoretical knowledge and practical application.

The Anatomy Museum is home to an extensive collection of anatomical specimens, models, and displays, meticulously curated to offer a detailed understanding of the human body. Our exhibits include both preserved specimens and high-quality anatomical models, covering various systems such as skeletal, muscular, cardiovascular, nervous, and more. These resources provide students with a tangible and visual perspective on the complexity and intricacy of human anatomy.



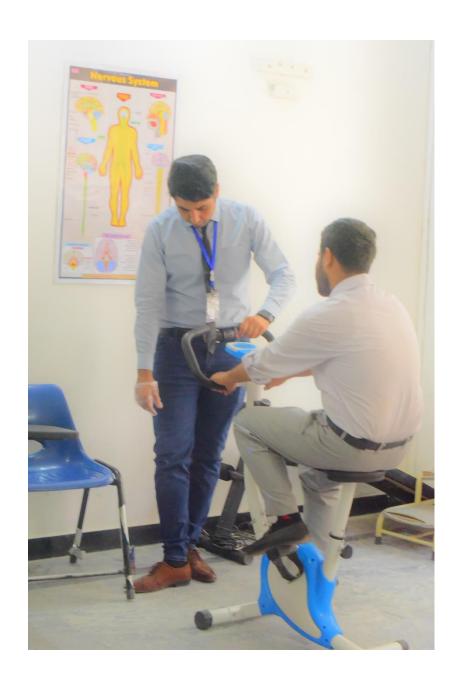


#### **Kinesiology Lab**

Kinesiology Lab at Dr. Bashir General & Dental Teaching Hospital, a cutting-edge facility dedicated to the scientific study of human movement and physical performance. Our lab provides a dynamic environment where students and researchers can explore the complexities of biomechanics, exercise physiology, motor control, and rehabilitation science. The Kinesiology Lab is equipped with state-of-the-art technology and advanced instrumentation designed to facilitate comprehensive research and hands-on learning. Key features of our lab include motion capture systems, force plates, electromyography (EMG) equipment, and metabolic analyzers. These tools allow for precise measurement and analysis of movement patterns, muscle activity, and physiological responses to exercise.





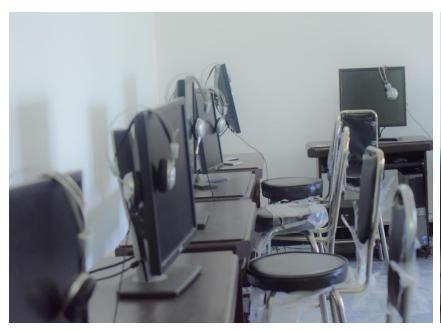




#### **Computer Lab**

Computer Lab at Dr. Bashir General & Dental Teaching Hospital, a hub of innovation and technological advancement designed to support the educational and research needs of our students and faculty. Our Computer Lab provides a state-of-the-art environment where students can develop essential skills in computer science, data analysis, and digital technologies.

The Computer Lab is equipped with the latest hardware and software, offering a wide range of resources to enhance learning and research. Our facilities include high-performance computers, advanced software applications, and high-speed internet access, ensuring that students have the tools they need to succeed in their academic and professional endeavors.





#### **Nursing Skill Lab**

Nursing Skills Lab at Dr. Bashir General & Dental Teaching Hospital, an essential part of our nursing education program dedicated to developing the practical skills and clinical expertise of our students. Our lab provides a simulated, hands-on learning environment where nursing students can gain confidence and competence in a variety of clinical procedures and patient care techniques.

The Nursing Skills Lab is equipped with state-of-the-art technology and realistic medical equipment, including patient simulators, hospital beds, intravenous (IV) training arms, and other essential nursing tools. These resources allow students to practice and master critical nursing skills in a safe and controlled setting before applying them in real-world clinical environments.





#### **Cafeteria**

A vibrant and welcoming space designed to cater to the diverse dietary needs and preferences of our students, staff, and visitors. Our cafeteria is more than just a place to eat; it is a hub of social interaction and relaxation, providing a comfortable environment.



#### **Sports/ Recreation & Academic Competitions:**

We believe in fostering a holistic approach to education. Our program is designed to promote physical health, mental well-being, and academic excellence through a variety of extracurricular activities and competitive events. Our sports and recreation facilities offer a wide range of activities to help students stay active, build teamwork, and develop leadership skills.























# Hostel and Transport Facilities

## **Hostels Facilities**

BIHS has a wide and excellent hostel for both boys & girls with latest facilities. These hostels have all accommodation facilities i.e. spacious room, clean, sound and safe living environment, transport facility, internet and cable facilities.









#### **Rules and Regulations for Hostel Residents**

- 1. Room will be allotted by hostel warden in accordance with rules, subject to the availability of accommodation.
- 2. Students must pay their monthly dues before the 5<sup>th</sup> of every month, otherwise a penalty of RS.100/- per day will be imposed. Hostel dues are non-refundable (except security charges)
- 3. Girls availing college hostel are bound to stay in hostel throughout academic session If student intend to leave hostel during session their admission will be canceled.
- 4. It is compulsory for boys to avail the hostel facility for a complete semester, once booking the facility and pay the dues accordingly; in case of dropout dues for whole semester must be paid.
- 5. Students are required to be aware of all notices that are put up on the Notice Boards.
- 6. No notice shall be put in hostel by any student directly unless such permission has been granted by the warden of respective hostel.
- 7. The hostel wardens have full authority to check any room in the hostel at any time with or without the help from local administration. Instruction given by warden will be implemented on the spot and if one refuses to obey, strict action will be taken against him/her.
- 8. Ragging is a cognizable offence, punishable under the law and is strictly banned. Any student involved in any kind of ragging will be liable for immediate expulsion from the hostel/college.
- 9. Possession of fire arms, daggers, cycle chains, rods, iron rods or any other kind of weapons are strictly prohibited (Arms Acts.). Hostel inmates found in possession of the above will be handed over to the police or expelled from hostel immediately. No inquiry into the matter shall be required.
- 10. Unethical camera recording or any unjust social media display of happing / issues, events without informing and reporting the administration is prohibited.
- 11. Unauthorized guests or outsiders in the hostel room are strictly prohibited. Any student keeping unauthorized person in his/her room will be liable to disciplinary action amounting to expulsion from the hostel. Guest may be allowed on prior written permission of the warden.
- 12. No student shall occupy or exchange the room without permission and proper allotment of the room by hostel warden.
- 13. Consumption of alcohol and other intoxicants and drugs are strictly prohibited. Anyone found consuming alcohol or drugs will be expelled from the hostel immediately. No enquiry into the matter shall be required.
- 14. Cooking food in the hostel room is strictly prohibited. In order to avoid fire hazards, no fire producing equipment in the room is permitted. No one will be allowed to carry mess in room.
- 15. Hostilities are warned not to keep valuable goods in their rooms. Hostel management shall not be responsible for loss of such valuables.
- 16. While leaving the rooms, it must be ensured that the light and fans are switched off. Failing which he/she will be liable to imposition of fines.
- 17. Use of electrical appliances such as heaters, are strictly prohibited. Violation of this rule will lead to strict disciplinary action. Confiscation along with a fine of Rs. 500/- shall be imposed.
- 18. Damage to hostel property such as crockery, doors, windows, electrical fitting, toilet fitting, glass panes etc. will lead to fine, disciplinary action.
- 19. No permission shall be given to a student to stay in the hostel after his/her even semester examinations are over, and for the purpose of preparation or appearance in any entrance test or any competitive examination he/she must obtain permission from the warden.

- 20. The boarders must keep their rooms neat and clean. Each boarder should check the fittings in his room at the time of occupation and takeover of the fittings and furniture in writing which are returnable on vacation of the room.
- 21. At the time of leaving the hostel for Vacation every student must take over / handover the key of room properly and carefully to the administration..
- 22. Only those visitors will be allowed to see the female students who have been mentioned by parents on showing their ID card.
- 23. If female students want to purchase something she will tell the hostel warden, and warden will manage the transport for them, they will not allowed to going outside alone.
- 24. Student shall not remain absent from their hostels during the night between 10.00 P.M. to 6.00 A.M.(For Boys) 7.00 PM To 6.00 AM (For Girls) without prior permission of the warden.
- 25. All terms & conditions will apply according to BIHS rules and regulations.
- 26. BIHS reserve the rights to change any/all rules and regulations at any stage during course of time in the larger interest of the institute or that of students.

## **Transport Facilities**

BIHS maintain a transport pool to facilitate the student from designed point and routes from Islamabad/Rawalpindi. BHIS provide to transport facility to students on subsidized rates.







#### **Rules and Regulations for Transport User:**

- 1. A Hiace/van will reach at the time fixed by the college authority on the located stop. The van will not wait on the stop for late comer students.
- 2. No seat will be reserve for anyone. First come first served.
- 3. Enjoyment of music is prohibited OR any kind of music is not allowed.
- 4. Transport fee will be deposited before 5<sup>th</sup> of each month. Otherwise a penalty of Rs: 100 will be charged per day.
- 5. The route may be change at any time in the interest of students. At least 5 students are required for any new specific route.
- 6. Route charges will be claim according to the distance and feasibility.
- 7. Increase in fuel prices the charges will increase accordingly.
- 8. Every year, in the start of new session (January) 10% transport charges will be increase.
- 9. If student intend to leave transport facility he/she must inform the transport in charge at least one month before leaving the transport facility in written form.
- 10. Strict action will be taken on misbehavior with transport staff.
- 11. Rules will be observed according to Islamabad traffic police law.
- 12. All terms & condition will be applied according to BIHS rules.

# PHOTO GALLERY









































#### **Undertaking**

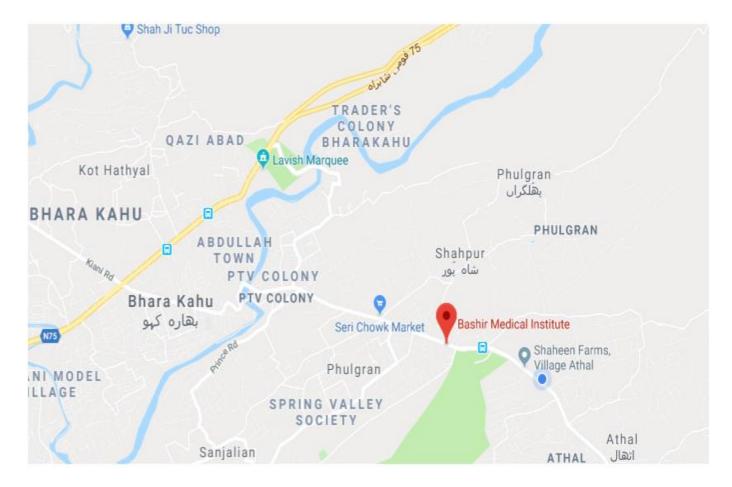
Applicants are required to submit the following under taking on judicial paper of RS 100/-dully attested by first class magistrate, along with the application form ;-( To be filled by the candidate)

| I Mr. / miss | son / daughter of |  |
|--------------|-------------------|--|
| Resident of  |                   | Do hereby undertakes to abide by the following:- |

- i. That I have read the Prospectus of the BIHS and hereby agree to conform to all provisions of the statues of the college and rules as may hereafter be framed by the appropriate authorities.
- ii. That the information furnished in, and document attached with the application form are correct, and I fully understanding that at any time during course of study, if it is found that any information is in- correct, or any documents produced at the time of admission are false, which would have rendered me ineligible for admission under the rules, my name shall immediately be struck off from the college and institute have the authority to may initiate legal action against me.
- iii. That the institute /relevant council / university can terminate me any time during course of study without any reason and I will not challenge it in any court of law in any case.
- iv. That I shall, due to any reason if I am terminated by University/ relevant council / institute or my name is struck off under clause (ii, iii) or I, myself left the college due to any reason other than clause (ii, iii) not be entitled to claim refund of any fee paid by me. In addition I shall pay the liquidated damages the rate of per year of my failing which the college authorities can retain my original documents and will not bound to issue certificate on my demand. Moreover, I will not challenge the decision made by authorities into any court of law.
- v. That shall have minimum attendance of 75 percent diligently apply myself to acquire and develop the skill necessary for the practice and advancement of my study in order to qualify for examination.
- vi. That I shall have maintains identity as a student of College by wearing college uniform. I shall participate fully wholeheartedly in games and extracurricular activities.
- vii. That I will not indulge in politics of any type and will not be a member of any political party / organization/students Federation and holding a gathering, meeting or taking out procession in any part of campus, I understand that my failure to observe this clause of undertaking would result in cancellation of my admission/ expulsion from the college, and that the decision of the Principal in this regard will not be challenge in any court of law.
- viii. Further, I do hereby solemnly undertake to refrain from;-
  - A) All kinds of unfair means in examination
  - B) Bringing or keeping any type of weapons within the University / College Premises
  - C) Damaging any College property including building, equipment, vehicles etc, in any manner.
  - D) From all such acts and deeds as might bring disgrace and bad name to the college

- ix. In case I am reported to be guilty / involved in any of the aforesaid activities during my stay in the BIHS the college authorities can rusticate me from the college temporarily or expel me permanently.
  - x. I have submitted this judicial affidavit/ stamp paper to the effect that the certificate/documents submitted by me are genuine & correct and in case found fake/bogus/tempered the BIHS shall have a right to cancel the admission and may initiate legal action against me.
- xi. Rules and Regulation Finalized by Higher Authorities of Institute can't be challenged in any court in any case.
- xii. BIHS reserve the rights to change any/all rules and regulations at any stage during course of time in the larger interest of the institute or that of students.

| (Signature of the Father/Guardian) | (Signature of the student) |
|------------------------------------|----------------------------|
| Full name of the student           |                            |
| Father's /Guardian's name          |                            |
| Computerized N.I.C.                |                            |
| Permanent Address:                 |                            |



#### **BASHIR INSTITUTE OF HEALTH SCIENCES ISLAMABAD (BIHS)**

SIMLY DAM ROAD, NEAR ADIL CNG, SERI CHOWK BHARA KAHU ISLAMABAD

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